

yummy 😊

MENU PLAN

vienna international school

29.4-3.5

MONDAY

Clear Soup
with Pasta Stars

SOUP

xxx

MAIN DISH 1

Spaghetti Bolognaise
with Parmesan
& Carrots (ELC)

Kcal/BU



420/4

xxx

MAIN DISH 2

Chicken Tikka Masala
with Pilaw Rice
and Pita Bread

Kcal/BU



351/3

xxx

VEGETARIAN ALTERNATIVE

Lentil "Hotpot"
with Fresh Herbs
& a Bread Roll

Kcal/BU



489/6

TUESDAY

Clear Soup
Vegetables

xxx

Chicken Wings
with Rice & Broccoli
and Cocktail Sauce
(ELC)

400/3

xxx

Thai Green Curry
with Beef
& Egg Noodles



393/2,5

xxx

Giant Hash Browns
Gratinated with

Spinach and Cheese

432/3



WEDNESDAY

Public

Holiday

No

School

THURSDAY

Clear Soup
with Noodles

xxx

Creamy Beef Strips
in Mushroom Sauce
& Mashed Potato
(ELC)

735/3

xxx

Deep Fried Calamari
with Parsley Potatoes



and Dip

408/3

xxx

Gratinated Cauliflower
with Cheese

and Salad



320/1



FRIDAY

Clear Soup
Baked Peas

xxx

Chicken Schnitzel
with Rice
and Peas (ELC)

580/4,5

xxx

Beef Canneloni
with Tomato Sauce
& Parmesan



562/4,5

xxx

Filled Hash Browns
with Cottage Cheese

& Salad



364/2



If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at

Our trained member of staff, Unit Manager Anrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.



Contains Wheat



Contains Cow's Milk



Vegetarian

yummy 😊

MENU PLAN

vienna international school

6.5-10.5 SOUP

MONDAY

Clear Soup
with Pasta Stars

xxx

TUESDAY

Clear Soup
Vegetables

xxx

WEDNESDAY

Clear Soup
with Sliced Pancakes

xxx

THURSDAY

Clear Soup
with Noodles

xxx

FRIDAY

Clear Soup
Baked Peas

xxx

MAIN DISH 1

Beef Goulash
with Dumplings
& Brussel Sprouts (ELC)

Chicken Picatta
with Rice, Zucchini
and Leek Sauce (ELC)

Pasta Bake
with Tomato-Basil Sauce
& Cheese (ELC)

Beef Burger
with Coleslaw
& Potato Wedges (ELC)

Deep Fried Dory Fillet
with Potatoes
and Peas (ELC)

Kcal/BU



685/4,5



465/3



685/4,5



420/3



459/4,5

xxx

xxx

xxx

xxx

xxx

MAIN DISH 2

Grilled Tilapia Fillet
in Curry Sauce

with Pilaw Rice

Marinated Beef Strips
with Asia Vegetable

and Noodles

Cheese
Wraps with Dip

and Salad

Tandoori Chicken
with Pilaw Rice

& Pita Bread

Turkey Steak "Hawaii"
with Rice &

Fresh Wok Vegetables

Kcal/BU

368/4

xxx



401/3,5

xxx



315/3

xxx



351/3

xxx

401/3,5

xxx

VEGETARIAN ALTERNATIVE

Spinach & Feta Strudel
with Yoghurt Sauce

Vegetarian Tacos
with Garlic Sour Cream

Mushroom Risotto
with Parmesan

Egg Fried Noodles
with Asian Vegetables

Emporer's Pancake
with Stewed Plums

Kcal/BU



321/3



451/4



326/2,5



438/3,5



480/4



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MENU PLAN

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13.5-17.5 SOUP

MONDAY

Clear Soup
with Noodles

xxx

TUESDAY

Clear Soup
with Vegetables

xxx

WEDNESDAY

Minestrone
"Milanese"

xxx

THURSDAY

Clear Vegetable Soup
with Pancake Strips

xxx

FRIDAY

Clear Chicken Soup
with Tarrhonya

xxx

MAIN DISH 1

Spaghetti Carbonara
with Turkey Ham
& Green Beans (ELC)

BBQ Chicken Fillet
with Roast New Potatoes
and Broccoli (ELC)

Pizza Napolitana
with Mozzarella
(ELC)

"Schinkenfleckerl"
Pasta and Turkey Ham
with Cucumber Salad
(ELC)

Chicken Nuggets
with Rice
and Peas (ELC)

Kcal/BU



360/4

xxx

420/2

xxx



459/4,5

xxx



530/5

xxx



580/4,5

xxx

MAIN DISH 2

Grilled Chicken Fillet
"Provencale"

with Potato Medallions

Chili con Carne
with

a Bread Roll

Vegetable Patties
with Rosemary Potatoes
and Yoghurt Dip

Boiled Breast of Beef
with Creamed Spinach
and Potatoes

Grilled Dory Fillet
on Leaf Spinach

with Salad

Kcal/BU

368/4

xxx



326/2

xxx

632/4,5

xxx



401/3,5

xxx

368/1,2

xxx

VEGETARIAN ALTERNATIVE

Vegatable Strudel
with Yoghurt Sauce

and Potatoes

Deep Fried Zucchini
with Parsley Potatoes

Asparagus Risotto
with Parmesan

& Salad

Carrot & Leek Soufflé
with Fresh Basil

and Crispy Salad

Creamy Mushroom Sauce
with a Bread Dumpling

Kcal/BU



400/5



315/2,4



329/2,4



578/5



725/5



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MENU PLAN

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20.5-24.5 SOUP

MONDAY

Clear Soup
Rice & Peas

xxx

TUESDAY

Clear Soup
with Vegetables

xxx

WEDNESDAY

Clear Soup
with Sliced Pancakes

xxx

THURSDAY

Clear Soup
with Profiteroles

xxx

FRIDAY

Clear Soup
Baked Peas

xxx

MAIN DISH 1

Spaghetti Bolognese
with Parmesan
& Carrots (ELC)

Mushroom Turkey Escalope
with Rice
and Zucchini (ELC)

Mozzarella Tortelloni
with Tomato-Basil Sauce
and Broccoli (ELC)

Paprika Chicken
with Rice
& Sweetcorn (ELC)

Fish Fingers
with Potato
and Peas (ELC)

Kcal/BU



411/5

xxx



465/3

xxx



356/3,5

xxx

420/3

xxx



400/3

xxx

MAIN DISH 2

Chicken Tikka Masala
with Pilaw Rice
and Pita Bread

Cheese & Turkey Ham
Wraps
with Salad

Vegetarian Spring
Roll with Spicy
Cabbage Salad

Beef Wok
with Beansprouts
and Noodles

Grilled Turkey Fillet
with Vegetables
& Rice

Kcal/BU



351/3

xxx



420/4

xxx



360/3

xxx

655/3,5

xxx

459/4

xxx

VEGETARIAN ALTERNATIVE

New Potato Sauté
with Young Vegetables

Broccoli "Gratin"
with Mozzarella

Tofu & Vegetable Patty
with Greek Tzatsiki

Gnocchi in Light
Lemon & Leek Sauce

Vegetarian "Chop Suey"
with Beansprouts

Kcal/BU



& Salad

321/2



and Basil Dip

438/3,5



433/5



with Parmesan

326/3,5



and Egg Noodles

326/3,5



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MENU PLAN

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27.5-31.5
SOUP

MONDAY

Clear Soup
with Sliced
Pancakes

xxx

TUESDAY

Clear Soup
with Profiteroles

xxx

WEDNESDAY

Clear Soup
Cheesecakes

xxx

THURSDAY

FRIDAY

MAIN DISH 1

Chicken Goulash
with Bread Roll
& Carrots (ELC)

 420/3

xxx

Beef Polpetti
with Mashed Potato
and Green Beans (ELC)

 420/2

xxx

Penne Noodles
with Veggie Sauce
and Broccoli (ELC)

 437/3

xxx


School

Staff Work Day

Holiday

MAIN DISH 2

Grilled Tilapia Fillet
with Lemon Sauce

and Bulgur
 487/4

xxx

Chicken Biryani
with Saffron Rice
& Mango Chutney

384/2,7

xxx

Thai Pumpkin Curry
with Jasmin Rice

 438/3,5

xxx

No


No

School



School

**VEGETARIAN
ALTERNATIVE**



Baked Potato
with Paprika
Ragout

and Sour Cream
 438/3

Vegetables Strudel
with Sour Cream

and Salad
 440/5 

Filled Hash Browns
with Cottage Cheese

& Salad
 364/2 

Kcal/BU

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