

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

02.05.2022 bis 06.05.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Clear Vegetable Soup • Pancake Strips	Broccoli Cream Soup	Beef Broth • Semolina Dumplings	Chicken Broth • Veggies • Chives	Potato Soup
<b>MAIN DISH 1</b>	Penne Noodles • Tomato Sauce • Broccoli  ELC - GRADE 1	Grilled Chicken Breast • Curry Sauce • Basmati Rice  ELC - GRADE 1	Beef Goulash • Bread Roll • Brussel Sprouts  ELC - GRADE 1	"Schinkenfleckerln" Austrian Style Pasta Flakes • Turkey Ham • Sour Cream Dip  ELC - GRADE 1	Chicken Schnitzel • Risi - Bisi  ELC - GRADE 1
<b>MAIN DISH 2</b>	Veggie Patties • Tsatziki.	Viennese Braised Beef • Bread Dumplings • Sour Cream Sauce	Szechuan Chicken • Egg Noodles	Turkey Fillet "Caprese" • Buttered Rice	Tilapia Fish Fillet • Curcuma Sauce • Garlic Potatoes
<b>VEGETARIAN ALTERNATIVE</b>	Garlic Leaf Risotto • Grana	Italian Veggie Hotpot • Parsley Potatoes	Veggie - Sweet Potato Chili	Leek & Lentils • Rice	Egg Fried Rice • Spring Onions • Shitake Mushrooms

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products. If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

09.05.2022 bis 13.05.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Moroccan Vegetable Soup • Chick Peas	"Minestrone a la Genovese con Pesto" • Italian Vegetable Soup	Vegetable Broth • Garlic Leaf Pancake	Vegetable Cream Soup	Chicken Broth • Noodles • Strips of Veggies
<b>MAIN DISH 1</b>	Spaghetti • Veggie Sauce • Roasted Pumpkin Seeds  ELC - GRADE 1	Chicken - Picatta Milanese • Peperonata Ricetta Steamed Rice  ELC - GRADE 1	Strips of Beef • Mushrooms • Cranberry Sauce Potato Croquettes • Carrots  ELC - GRADE 1	Polpetti • Basil - Potato Purée • Onions & Broccoli  ELC - GRADE 1	Chicken Schnitzel • Parsley Potatoes  ELC - GRADE 1
<b>MAIN DISH 2</b>	Vegetarian Spring Roll • Herb Salad •	Boiled Beef Brisket • Steamed Potatoes • Strips of Vegetables	"Chicken Pesto Parm Bowl" • Broccoli • Cherry Tomato • Croutons • Quinoa • Leaf Salads • Pesto - Vinaigrette	Turkey Ragout „Italian Style“ Pilaw Rice	Tilapia Fillet á la Basilico • Basmati Rice •
<b>VEGETARIAN ALTERNATIVE</b>	Grilled Zucchini • Chermoula • Olive - Tomato Couscous	Potato Goulash • Smoked Tofu	Veggie -Sweet Potato Chili • Fried Rice	Vegan Risotto • Cream Mushrooms • Root - Herb Veggies	Beluga Lentil Hotpot "Provencale"

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

16.05.2022 bis 20.05.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	"Minestrone a la Genovese con Pesto" • Italian Veggie Soup	Chicken Broth • Baked Peas • Chives	Beef Broth • Semolina Dumpling • Chives	Beef Broth • Profiteroles • Chives	Apple - Pumpkin Soup • Caramelized Apple
<b>MAIN DISH 1</b>	"Mac 'n Cheese" • Zucchini  ELC - GRADE 1	"Zurich Style" Beef Buttered Dumplings •  ELC - GRADE 1	Beef Tortelloni • Tomato Sauce • Buttered Carrots  ELC - GRADE 1	Classic Burger • Roast Potatoes • Sweetcorn  ELC - GRADE 1	Döner Kebab • Rice • Salad  ELC - GRADE 1
<b>MAIN DISH 2</b>	Panfried Tofu • Veggie Curry • Pineapple Rice • Lemon Grass	"Red Curry Chicken Bowl" • Thai Curry Sauce • Red Chili • Jasmin Rice	Burrito • Pulled Chicken • Salad	Fried Tilapia Fillet • Antipasti Veggies • Bulgur	Chili con Carne • Bread Roll
<b>VEGETARIAN ALTERNATIVE</b>	Falafel Tomato Sauce • Basmati Rice	Banana - Veggie Sautée • Lime Rice	Wholemeal Pasta • Artichokes in Tomato Sauce	Baked Potato • Chili Beans • Cucumber - Soya Yoghurt	Braised Fennel • Olive - Tomato Cous-Cous (VEGAN)

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

23.05.2022 bis 27.05.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Vegetable Broth • Vegan Pea Biscuit	"Vintage Style" Viennese Soup	Beef Broth • Baked Peas • Chives		Thai Yellow Curry Soup
<b>MAIN DISH 1</b>	Veggie Patties • Tzatsiki • Leek - Potatoes  ELC - GRADE 1	Chicken Schnitzel • Basmati Rice • Sweetcorn Salad  ELC - GRADE 1	Spaghetti Bolognese • Grana  ELC - GRADE 1	ELC - GRADE 1	Calamari Fritti • Buttered Potatoes • Peas  ELC - GRADE 1
<b>MAIN DISH 2</b>	Spinach - Garlic Dumplings • Horsereadish Cream Suace • Salad	Chicken Samosa • Herb Salad	Bami Goreng • Indonesian Noodle Dish		Bami Goreng Indonesian Noodles Mango - Pineapple - Chutney
<b>VEGETARIAN ALTERNATIVE</b>	Beluga Linsen Hotpot "Provencale"	Italian Veggie Sauté • New Potatoes	Hokkaido Pumpkin - Curry • Coconut Rice		Penne Pasta • Cabbage Pesto • Avocado • Chia Seeds

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