














MENU PLAN VIENNA INTERNATIONAL SCHOOL



	Monday 18.05.2026	Tuesday 19.05.2026	Wednesday 20.05.2026	Thursday 21.05.2026	Friday 22.05.2026
eat soup I	Beef soup with ABC noodles and chives (B) (a, c) Energie p.P. 52 kcal	Clear vegetable soup with cheese biscuits and chives (B) (a, c, i) Energie p.P. 125 kcal	Clear vegetable soup with barley and chives (V) (a, k) Energie p.P. 99 kcal	Chicken soup with sliced spinach pancakes and chives (V) (a, c, i, k) Energie p.P. 50 kcal	Clear vegetable soup with tomato-cheese croutons and chives (V) (a, c, i) Energie p.P. 148 kcal
eat soup II	Creamy kohlrabi soup (V) (a, i, n) Energie p.P. 142 kcal	Cream soup of green asparagus (V) (i) Energie p.P. 134 kcal	Paprika and cabbage soup (V) Energie p.P. 74 kcal	Creamy string bean soup with dill (V) (a, i, n) Energie p.P. 160 kcal	Vegetable soup with polenta (V) (a, i, k) Energie p.P. 222 kcal
eat from the favorites	Eggplant piccata on tomato pasta (V) (a, c, i) Energie p.P. 527 kcal	 Minced beef pasta with small side salad (B) (a, c, n)  Energie p.P. 698 kcal	 Chicken schnitzel (Pumpkin seed) with parsley potatoes and lemon slice (C) (a, c) Energie p.P. 759 kcal	 Boild beef brisket with vegetables and parsley potatoes (B) (k) Energie p.P. 583 kcal	Deep fried perch fillet with potato salad and lemon (F) (a, c, d, l) Energie p.P. 593 kcal
eat from the heart	Falafel bowl with safron rice, hummus and tomato relish (VN) (a, m, n) Energie p.P. 754 kcal	 Green Thai-curry with vegetables and jasmin rice (VN) (h) Energie p.P. 524 kcal	 Mexican vegetable enchilada with dip and salad garnish (V) (a, i, k) Energie p.P. 817 kcal	 Penne "Pomodoro" with basil and grana cheese (V) (a, c, i, k) Energie p.P. 522 kcal	 Chana masala with cauliflower, chickpeas and basmati rice (VN) (h)  Energie p.P. 468 kcal
eat from the adventure	Asparagus lasagne with small side salad (V) (a, i, n) Energie p.P. 488 kcal	 Lamb curry with oriental cous cous (X) (a, i, k)  Energie p.P. 587 kcal	Brown Rice & Vegetable Stir-Fry with Sautéed Chicken Strips (C) (i, k) Energie p.P. 392 kcal	Stuffed spinach pancake with creamy mushroom sauce (V) (a, c, i, n) Energie p.P. 481 kcal	Grilled chicken breast with asparagus-carrot vegetables and fluffy mashed potatoes (C) (i, n)  Energie p.P. 456 kcal

MIX & MATCH - YOUR TASTE. YOUR BODY. YOUR BOWL.

Build the bowl that suits your lifestyle.

eat dessert	Cherry crumble cake (V) (a, c) Energie p.P. 300 kcal	Strawberry panna cotta (V) (i) Energie p.P. 335 kcal	Assorted fresh fruit basket with seasonal fruit (VN) Energie p.P. 184 kcal	Strawberry cake (V) (a, c, i) Energie p.P. 290 kcal	Creamy curd pudding with blueberries (V) (h, i) Energie p.P. 100 kcal
-------------	---	---	---	--	--



Contact Information:

Sodexo Service Solutions Austria GmbH
c/o Vienna International School
Straße der Menschenrechte 1
1220 Vienna

Mail: vis.catering.oss.at@sodexo.com

Food Allergens

a - Cereals containing gluten *
b - Crustaceans *
c - Eggs *
d - Fish *
e - Peanuts *
h - Soybeans *
i - Milk *

*and products thereof

j - Nuts *
k - Celery *
l - Mustard *
m - Sesame seeds *
n - Sulphur dioxide and sulphites *
o - Lupin *
p - Molluscs *

Menu labelling

 Vegetarian meals
 Vegan meals
 ELC - Grade 1
 Pork
 MSC-certified fish
MSC-C-54115

(P) Pork
(B) Beef
(C) Chicken
(T) Turkey
(F) Fish



MENU PLAN VIENNA INTERNATIONAL SCHOOL



	Monday 25.05.2026	Tuesday 26.05.2026	Wednesday 27.05.2026	Thursday 28.05.2026	Friday 29.05.2026
eat soup I		Clear soup with "Backerbsen" (V) (a, c, i) Energie p.P. 91 kcal	Clear soup with semolina dumplings and chive (V) (a, c, i) Energie p.P. 66 kcal	Chicken soup with herbal toast and chive (V) (a, c, i, k) Energie p.P. 1908 kcal	Clear cauliflower soup (VN) Energie p.P. 94 kcal
eat soup II		Potato cream soup with mushrooms (V) (i, k, n) Energie p.P. 128 kcal	Asparagus soup with wild garlic (V) (a, i) Energie p.P. 253 kcal	Cream soup of broccoli with croutons (V) (a, c, i, n) Energie p.P. 205 kcal	Vegetable cream soup (V) (i, k) Energie p.P. 140 kcal
eat from the favorites	Public Holiday Energie p.P. 0 kcal	Cevapcici with rice and tzatziki (P) (a, c, h, i, n) Energie p.P. 585 kcal	Deep fried turkey schnitzel with rispisi and lemon (T) (a, c, i) Energie p.P. 784 kcal	Tiroler Gröstl - Tyrolean one pot with potato and beef (B) (c, k, n) Energie p.P. 637 kcal	Chicken stew with carrots and rice (C) (a, i, k, n) Energie p.P. 611 kcal
eat from the heart	Public Holiday Energie p.P. 0 kcal	Deep fried champignons with parsley potatoes and sauce tartare (V) (a, c, i, l) Energie p.P. 509 kcal	Chinese noodles with teriyaki vegetables and crispy tofu (VN) (a, h, m) Energie p.P. 431 kcal	Vegetable chick peas tajine with cous cous (VN) (a, k, n) Energie p.P. 334 kcal	Pasta with lentil bolognese (VN) (a, n) Energie p.P. 458 kcal
eat from the adventure	Public Holiday Energie p.P. 0 kcal	Fried rice with chicken, egg and vegetables (C) (a, c, h, m, n) Energie p.P. 571 kcal	Pumpkin coconut curry with basmati rice (VN) (j) Energie p.P. 466 kcal	Turkey steak with mustard sauce, green veggies and fusilli (T) (a, k, l, n) Energie p.P. 589 kcal	Fish goulash with cat fish and "Spätzle" (F) (a, c, d, i) Energie p.P. 530 kcal
MIX & MATCH - YOUR TASTE. YOUR BODY. YOUR BOWL.					
Build the bowl that suits your lifestyle.					
eat dessert		Lime curd creme (V) (i) Energie p.P. 1216 kcal	Assorted fresh fruit basket with seasonal fruit (VN) Energie p.P. 184 kcal	Swiss roll (V) (a, c) Energie p.P. 0 kcal	Apple compote (VN) (n) Energie p.P. 93 kcal

MIX & MATCH



Contact information:

Sodexo Service Solutions Austria GmbH
c/o Vienna International School
Straße der Menschenrechte 1
1220 Vienna

Mail: vis.catering.oss.at@sodexo.com

Food Allergens

- a - Cereals containing gluten *
- b - Crustaceans *
- c - Eggs *
- d - Fish *
- e - Peanuts *
- h - Soybeans *
- i - Milk *

*and products thereof

- j - Nuts *
- k - Celery *
- l - Mustard *
- m - Sesame seeds *
- n - Sulphur dioxide and sulphites *
- o - Lupin *
- p - Molluscs *

Menu labelling








- Vegetarian meals
- Vegan meals
- ELC - Grade 1
- Pork
- MSC-certified fish
MSC-C-54115

- (P) Pork
- (B) Beef
- (C) Chicken
- (T) Turkey
- (F) Fish



MENU PLAN VIENNA INTERNATIONAL SCHOOL



	Monday 01.06.2026	Tuesday 02.06.2026	Wednesday 03.06.2026	Thursday 04.06.2026	Friday 05.06.2026
eat soup I	Clear vegetable soup with mussel noodles and chives (V) (a, c) Energie p.P. 95 kcal	Clear vegetable soup with spinach-cheese dumplings and chives (V) (a, c, i) Energie p.P. 137 kcal	Clear vegetable soup with homemade noodles fresh chives (a, c, i) Energie p.P. 147 kcal		
eat soup II	Radish cream soup with fresh parsley (VN) (k) Energie p.P. 168 kcal	Millet soup with broccoli and carrots (VN) (k) Energie p.P. 105 kcal	Sweet potato soup with chili and coconut milk (VN) (k) Energie p.P. 240 kcal		
eat from the favorites	Planted goulash with fusilli pasta (VN) (a, n) Energie p.P. 574 kcal	 Pasta with turkey ham and small side salad (T) (a, c, n) Energie p.P. 572 kcal	Turkey schnitzel with sesam, parsley potatoes and lemon slice (T) (a, c, i, m) Energie p.P. 696 kcal	Public Holiday Energie p.P. 0 kcal	Closed Energie p.P. 0 kcal
eat from the heart	Spring roll with vegetables, basmati rice, and sweet chili dip (VN) (a, e, h, m) Energie p.P. 686 kcal	 Wild garlic risotto with carrots, yellow beets, sun-dried tomatoes, and feta (V) (c, i, n)  Energie p.P. 449 kcal	Oriental lentil vegetable stew on date rice (VN)  Energie p.P. 498 kcal	Public Holiday Energie p.P. 0 kcal	Closed Energie p.P. 0 kcal
eat from the adventure	Ebly stir-fry with fresh mushrooms, vegetables, and herbs (VN) (a, k) Energie p.P. 312 kcal	 Red Thai chicken curry with jasmine rice and fresh cilantro (G) (d) Energie p.P. 513 kcal	 Asparagus and ham lasagna with salad garnish and chive dip (S) (a, i, n) Energie p.P. 545 kcal	Public Holiday  Energie p.P. 0 kcal	Closed Energie p.P. 0 kcal

MIX & MATCH - YOUR TASTE. YOUR BODY. YOUR BOWL.

Build the bowl that suits your lifestyle.

eat dessert	Mandarin crumble cake (V) (a) Energie p.P. 161 kcal	Yogurt with peaches (V) (i) Energie p.P. 162 kcal	Assorted fresh fruit basket with seasonal fruit (VN) Energie p.P. 82 kcal		
----------------	--	--	--	--	--



Contact information:

Sodexo Service Solutions Austria GmbH
c/o Vienna International School
Straße der Menschenrechte 1
1220 Vienna

Mail: vis.catering.oss.at@sodexo.com

Food Allergens

- a - Cereals containing gluten *
- b - Crustaceans *
- c - Eggs *
- d - Fish *
- e - Peanuts *
- h - Soybeans *
- i - Milk *

*and products thereof

- j - Nuts *
- k - Celery *
- l - Mustard *
- m - Sesame seeds *
- n - Sulphur dioxide and sulphites *
- o - Lupin *
- p - Molluscs *

Menu labelling

-  Vegetarian meals
-  Vegan meals
-  ELC - Grade 1
-  Pork
-  MSC-certified fish
MSC-C-54115

- (P) Pork
- (B) Beef
- (C) Chicken
- (T) Turkey
- (F) Fish