

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

21.10.2024  
TO  
25.10.2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Clear vegetable soup with semolina dumplings and chives  Allergens A,C,L	Clear beef soup with fried dough perfs  Allergens A,C,G,L	Clear chicken soup with Noodles  Allergens A,C,L	Clear beef soup with profiteroles  Allergens A,C,L	Clear chicken soup with sliced pancake strips  Allergens A,C,G,L
CREAM SOUP	Vegan lentil soup with garlic croutons  Allergens A,L	Cauliflower - lemon soup  Allergen L	Garlic - spinach cream soup  Allergens A,F,L	Carrot - sweet potato soup  Allergen L	Herb cream soup with rye bread strips  Allergens A,F,L,N
MAIN DISH 1	Parisian Turkey Schnitzel with Pea Rice  Allergens A,C,G ELC - GRADE 1	Minced beef patties with natural gravy   mashed potatoes fresh market vegetables  Allergens A,C,G,L,M ELC - GRADE 1	Grilled chicken breast with basil butter   penne arrabiata   broccoli  Allergens A,G ELC - GRADE 1	Roast turkey breast with mushroom sauce   fried bread dumpling  Allergens A,C,G,O ELC - GRADE 1	Viennese beef goulash with homemade dumplings  Allergens A,C,G ELC - GRADE 1
MAIN DISH 2	Linguine with Salami Milano   Basil  Allergens A,G	Breaded chicken schnitzel with cornflake panade   parsley potatoes  Allergens A,C,G	Cevapcici with herb butter   Djuvec rice   Ajvar  Allergens G,M	Boiled smoked meat with mashed potatoes   sweet peas  Allergens G,L,M,O	Szeged Cabbage Meat with sour cream - Caraway Potatoes  Allergen G
VEGETARIAN ALTERNATIVE	Potato and corn gratin with pesto beans  Allergen G	Italian Vegetable Stew with fried Polenta  Allergens G,L	Banana and Vegetable Stir-Fry with lime rice  Allergen O	Fried Tofu with vegetable curry   pineapple rice  Allergens F,N	Grilled zucchini slices with chermoula   olive - tomato couscous  Allergen A
BOWLS	"Life Bowl" Falafel Cucumber Cubes   Spring Onions Iceberg Lettuce   Pineapple Cubes Paprika Strips  Allergen A	MOMEN "Hummus Pumpkin Bowl" Hummus   Shawarma   baked pumpkin nuggets chickpea salad   Chili Harissa   Tahina Baba Ghanousch   Zaatar  Allergens A,H,N	"Life Bowl" Falafel Cucumber Cubes   Spring Onions Iceberg Lettuce   Pineapple Cubes Paprika Strips  No major allergens	"Life Bowl" Falafel Cucumber Cubes   Spring Onions Iceberg Lettuce   Pineapple Cubes Paprika Strips  Allergens A,F,N	"Life Bowl" Falafel Cucumber Cubes   Spring Onions Iceberg Lettuce   Pineapple Cubes Paprika Strips  Allergens C,G,O
DESSERT	Rice Pudding with Raisins  Allergen G	Apricot crumble cake  Allergens A,C,G	Coconut yogurt with Pieces of Fruit  Allergen G	Apple - cinnamon compote  No major allergens	Vanilla Pudding  Allergen G

Allergen Information: A: containing gluten; B: Crustaceans; C: Eggs; D: Fish; E: Peanuts; F: Soybeans; G: Milk; H: Nuts; L: Celery; M: Mustards; N: Sesame; O: Sulphur dioxide and sulphites; P: Lupin; R: Molluscs



Our trained member of staff, Unit Manager Alexander Gadringer and his deputy Stefan Nagy will be happy to inform you about allergens in our ingredients and products. If you have any questions, please feel free to contact us under phone +43676/884 882 24 or mail andrew.warren@eurest.at. This plan is subject to change and availability.

HERE YOU EAT REALLY FRESH