

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

21.08.2023 bis 25.08.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP			White Chicken Soup	Chicken Soup • Baked Peas • Chives	Onion Soup
MAIN DISH 1			Spaghetti Bolognese • Grana  ELC - GRADE 1	Little Italy Burger • Roast Potatoes  ELC - GRADE 1	Chicken Schnitzel • Rice  ELC - GRADE 1
MAIN DISH 2			Chicken Samosa	Roasted Breast of Turkey • Curry Sauce • Rice	Grilled Dory Fillet • Buttered Potatoes
VEGETARIAN ALTERNATIVE			Gnocchi Gorgonzola Sauce • Freshly Grated Grana	"Kolokithokeftedes" Greek Zucchini - Potato Patties •	Deep Fried Mushrooms • Tartare Sauce • Buttered Potatoes

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.  
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Clear Vegetable Soup • Pancake Strips	Potato Soup • Mushrooms	Beef Broth • Baked Peas • Chives	"Minestrone a la Genovese con Pesto" • Italian Vegetable Soup	Chicken Broth • Mushroom Biscuit
<b>MAIN DISH 1</b>	Pizza • Napolitatna  ELC - GRADE 1	Chicken Fillet • Creamy Cabbage • Brown Rice  ELC - GRADE 1	"Austrian Style" Pasta Flakes and Ham • Sweetcorn • Sour Cream & Herb Dip  ELC - GRADE 1	Strips of Beef Fillet • Steakhouse Fries • Mushrooms • Cranberry Sauce  ELC - GRADE 1	Calamari Fritti • Buttered Potatoes • Garden Peas  ELC - GRADE 1
<b>MAIN DISH 2</b>	Organic Pumpkin - Curry • Coconut Rice	"Minted Beef Stir-Fry" • Sautéed Beef • Fresh Mint • Chili • Soya Sauce • Egg Noodles	Tilapia Fish Fillet • Mango Salsa • Potato - Lettuce Salad	Grilled Chicken Fillet • Gratinated Baked Potato • Cheddar • Red Cabbage - Grape Coleslaw	South African "Bobotie" • Ground Beef Gratin
<b>VEGETARIAN ALTERNATIVE</b>	Vegetarian Filled Paprika • Salad • Dip	Spinach Gnocchi • Tomatoes • Parmesan	Grilled Tofu • Veggie Curry • Pineapple Rice • Lemongrass	Water Melon • Cucumber Salad • Feta • Herb Pastry	Fried Zucchini Patties • Parsley Potatoes

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

04.09.2023 bis 08.09.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Vegatable Broth • Noodles • Veggie Strips	Clear Vegetable Soup • Brown Rice • Peas	Thai Yellow Soup • Rice Noodles	Chicken Broth • Baked Peas • Chives	Japanese Ramen Soup
<b>MAIN DISH 1</b>	Italian Pasta • Tomato Sauce • Broccoli <small>ELC - GRADE 1</small>	"Greek Burger" • Beef • Tomato • Feta • Black Olive • Oregano • Red Onion • Roast Potato <small>ELC - GRADE 1</small>	Spaghetti Bolognese • Grana <small>ELC - GRADE 1</small>	Teppanyaki Tandoori Turkey • Rice • Veggies <small>ELC - GRADE 1</small>	Chicken Schnitzel • Cornflakes - Breeding • Buttered Potatoes <small>ELC - GRADE 1</small>
<b>MAIN DISH 2</b>	Baked Potato • Orange Lentils • Vegan Humus Dip	Cous - Cous "Bowl" • Chicken Breast • Vegetable - Tomato Sauce	Indonesian "Rendang" • Beef • Jasmin Rice	"Peppermint Beef" • Pak Choy • Soja • Red Curry Sauce	Brasilian "Moqueca" • Fish Hotpot • Coriander Potatoes
<b>VEGETARIAN ALTERNATIVE</b>	Celery Risotto • Black Olives • Radishes • Ricotta • Parmesan Cracker	"Buddha Bowl" • Roast Cauliflower Curry • Carrot Sticks • Red Cabbage • Boiled Egg •	Beet Leaf Tarte • Salad • Dip	Thai Wok • Pak Choi	Nasi Goreng • Indonesian Rice Dish

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

11.09.2023 bis 15.09.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Viennese Potato Soup • Mushrooms • Lovage (Vegan)	Kung Pho Soup Egg Noodles	Beef Broth • Pancake Strips • Chives	Clear Vegetable Soup • Root Veggies	Clear Chicken Soup • Broccoli Biscuit
<b>MAIN DISH 1</b>	Ricotta - Spinach Tortellini • Tomato - Basil Sauce  ELC - GRADE 1	Braised Chicken Leg • Curry Sauce • Veggies • Rice  ELC - GRADE 1	Beef Polpetti • Thai Curry Sauce • Jasmin Rice  ELC - GRADE 1	Szechuan Turkey Fillet • Buttered Rice  ELC - GRADE 1	Fried Seabass Fillet • Buttered Potatoes  ELC - GRADE 1
<b>MAIN DISH 2</b>	Egg Fried Rice • Asia Veggies	"Panang Nya" • Strips of Beef • Coconut • Thai Basil • Jasmin Rice	Chicken Gyoza • Asian Salad	"Minted Beef stir-fry" • Fresh Mint • Chili • Soya Sauce • Egg Noodles •	Moussaka • Ground Beef • Tszatziki
<b>VEGETARIAN ALTERNATIVE</b>	Broccoli á la Creme • Buttered Potatoes	Austrian Style Pasta • Cabbage • Cucumber - Sour Cream Salad	Mushroom "Stroganoff" • Fried Bread Dumplings	Penne Arrabiatta • Spicy Sauce • Grana • Fresh Basil	Potato Strudel • Herb Sauce

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

18.09.2023 bis 22.09.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Beef Broth • Baked Peas • Chives	Carrot - Coconut Soup • Fresh Ginger	Clear Chicken Soup • Pumpkin Seed - Pancake	Thai Yellow Curry Soup	Pumpkin - Orange Soup • Strips of Veggies
<b>MAIN DISH 1</b>	Mushroom Tortelloni • Tomato - Basil Ragout  ELC - GRADE 1	Chicken Burger • Roast Potatoes • Sweetcorn  ELC - GRADE 1	Beef "Stroganoff" • Tagliatelle • Honey Carrots  ELC - GRADE 1	Grilled Chicken Breast • Paprika Sauce • Basmati Rice  ELC - GRADE 1	Calamari Fritti • Buttered Potatoes • Peas  ELC - GRADE 1
<b>MAIN DISH 2</b>	Deep Fired Zucchini Stix • Potatoes • Salad	Chicken Drumsticks • Sweet Potato Purée	Seabass Fillet - Turkey Ham Wrap • Broccoli - Tarhony • Parsley Potatoes	Tangy Ground Beef Roast • Potato Purée • Roasted Onions	Curry Tagliatelle • Masala Chicken • Braised Paprika • Green Relish
<b>VEGETARIAN ALTERNATIVE</b>	Sautéed Dumplings • Egg • Salad	Red Lentil Daal • Basmati Rice • Dip	Hash Brown "Pizza" • Spinach • Tomato	Veggie - Sweet Potato Curry • Fried Rice	Sweet Poppy Seed Dumplings • Apple Sauce

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

25.09.2023 bis 29.09.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Vegetable Broth • Vegan Pea Biscuit	"Vintage Style" Viennese Soup	Beef Broth • Baked Peas • Chives	Indian Dal Soup • Red Lentils	Thai Yellow Curry Soup
<b>MAIN DISH 1</b>	Mushroom Tortelloni • Herb Sauce  ELC - GRADE 1	Fried Turkey Schnitzel • Cornflakes - Breading • Buttered Rice  ELC - GRADE 1	Spaghetti Bolognese • Grana  ELC - GRADE 1	Döner Kebab • Rice • Salad  ELC - GRADE 1	Chicken Nuggets • Rice  ELC - GRADE 1
<b>MAIN DISH 2</b>	Fried Zucchini Stix • Potatoes • Salad	Chicken Drumsticks • Sweet Potato Purée •	Bami Goreng • Indonesian Noodle Dish	Tepanyaki Chicken • Asia Veggies • Fried Rice	Grilled Tilapia Fillet • Cous - Cous • Sesame - Chili Dressing
<b>VEGETARIAN ALTERNATIVE</b>	Vegetable Strudel • Warm Parsley Sauce	Red Lentil Daal • Basmati Rice • Dip	"Spanakotiropita" Greek Spinach - Feta Strudel	Asian Vegetables • Glass Noodles	Penne Pasta • Cabbage Pesto • Avocado • Chia Seeds

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