

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

31.10.2022 bis 04.11.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP			Thai Yellow Soup • Rice Noodles	Chicken Broth • Baked Peas • Chives	Japanese Ramen Soup
MAIN DISH 1	SCHOOL HOLIDAY	PUBLIC HOLIDAY	Spaghetti Bolognese • Grana  ELC - GRADE 1	Teppanyaki Tandoori Turkey • Veggies  ELC - GRADE 1	Chicken Schnitzel • Cornflakes - Breeding • Buttered Potatoes
MAIN DISH 2	NO SCHOOL	NO SCHOOL	Chicken Spring Roll Asian Veggies	"Peppermint Beef" • Pak Choy • Soja • Red Curry Sauce	"Phat Pla" Grilled Seabass Fillet • Thai Basil • Soya Sprouts • Pineapple
VEGETARIAN ALTERNATIVE			Gyozas • Asia Salad • Sesame-Sojasauce	Thai Wok • Pak Choi	Nasi Goreng Indonesian Rice Dish

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.  
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

07.11.2022 bis 11.11.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Viennese Potato Soup • Mushrooms • Lovage (Vegan)	Kung Pho Soup Egg Noodles	Beef Broth • Pancake Strips • Chives	Clear Vegetable Soup • Root Veggies	Clear Chicken Soup • Broccoli Biscuit
<b>MAIN DISH 1</b>	Ricotta - Spinach Tortellini • Tomato - Basil Sauce  ELC - GRADE 1	"Chicken Koy Soy" • Buttered Noodles  ELC - GRADE 1	Beef Polpetti • Thai Curry Sauce • Jasmin Rice  ELC - GRADE 1	Szechuan Turkey Fillet • Buttered Rice  ELC - GRADE 1	Fried Seabass Fillet • Buttered Potatoes
<b>MAIN DISH 2</b>	Egg Fried Rice • Asia Veggies	"Panang Nya" • Strips of Beef • Coconut • Thai Basil • Jasmin Rice	Chicken Gyoza • Asian Salad	"Minted Beef stir-fry" • Fresh Mint • Chili • Soya Sauce • Egg Noodles •	Moussaka • Ground Beef • Tszatziki
<b>VEGETARIAN ALTERNATIVE</b>	Broccoli á la Creme • Buttered Potatoes	Fried Vegetable Cous-Cous	Mushroom "Stroganoff" • Fried Bread Dumplings	Penne alla Puttanesca Grana • Fresh Basil	Potato Strudel • Herb Sauce

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

14.11.2022 bis 18.11.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Beef Broth • Baked Peas • Chives	Carrot - Coconut Soup • Fresh Ginger	Clear Chicken Soup • Pumpkin Seed - Pancake	Thai Yellow Curry Soup	Pumpkin - Orange Soup • Strips of Veggies
<b>MAIN DISH 1</b>	Gnocchi • Tomato - Basil Ragout  ELC - GRADE 1	Cheese Burger • Roast Potatoes • Sweetcorn  ELC - GRADE 1	Beef "Stroganoff" • Croquette Potatoes • Honey - Carrots  ELC - GRADE 1	Grilled Chicken Breast • Curry Sauce • Basmati Rice  ELC - GRADE 1	Calamari Fritti • Buttered Potatoes • Peas
<b>MAIN DISH 2</b>	Hokkaido Pumpkin - Curry • Rice	"Koy Soy" Turkey • Black Noodles • Fresh Wok Veggies	Seabass Fillet - Turkey Ham Wrap • Broccoli - Tarhony • Parsley Potatoes	Tangy Groud Beef • Jasmin Rice • Thai Veggies - Laab Muu	Curry Tagliatelle • Masala Chicken • Braised Paprika • Green Relish
<b>VEGETARIAN ALTERNATIVE</b>	Fried Pak Choi-Wok Veggies • Egg Noodles •	Aubergine Curry • Chick Peas • Basmati Rice	Ebly "Florentine" • Tomato - Basil Sauce	Veggie - Sweet Potato Curry • Fried Rice	Baked Potato • Chili Beans • Cheddar • Sour Cream • Guacamole

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

21.11.2022 bis 25.11.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Vegetable Broth • Vegan Pea Biscuit	"Vintage Style" Viennese Soup	Beef Broth • Baked Peas • Chives	Indian Dal Soup • Red Lentils	Thai Yellow Curry Soup
<b>MAIN DISH 1</b>	Veggie Patties • Salad • Tzatziki  ELC - GRADE 1	Fried Turkey Schnitzel • Cornflakes - Breading • Buttered Rice  ELC - GRADE 1	Spaghetti Bolognese • Grana  ELC - GRADE 1	Döner Kebab • Rice • Salad  ELC - GRADE 1	Chicken Spring Roll • Chili Sauce
<b>MAIN DISH 2</b>	Penne • Leek Sauce	Boiled Beef Brisket • Steamed Potatoes • Strips of Veggies	Bami Goreng • Indonesian Noodle Dish	Tepanyaki Chicken • Asia Veggies • Fried Rice	Fish Gyozas • Asia Salad • Sesame - Chili Dressing
<b>VEGETARIAN ALTERNATIVE</b>	Vegetable Strudel • Warm Parsley Sauce	Sautéed Bread Dumplings • Egg • Chives	"Spanakotiropita" Greek Spinach - Feta Strudel	Asian Vegetables • Glass Noodles	Penne Pasta • Cabbage Pesto • Avocado • Chia Seeds

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# MENU PLAN VIENNA INTERNATIONAL SCHOOL

28.11.2022 bis 02.12.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Indian Dal Soup •	Chicken Broth • Baked Peas • Chives	Clear Chicken Soup • Curry Rice • Veggies	Beef Broth • Pancake Strips • Chives	Curry Cream Soup
<b>MAIN DISH 1</b>	Mushroom Tortellini • Cheese Sauce  ELC - GRADE 1	Chicken Samosa • Asian Salad  ELC - GRADE 1	Polpetti in Mustard - Herb Sauce • Pasta Horns  ELC - GRADE 1	Classic "Little Italy" Burger • Potato Wedges  ELC - GRADE 1	Chicken Schnitzel • Cornflakes - Breading • Basmati Rice
<b>MAIN DISH 2</b>	"Aloo Jeera" • Indian Potato - Curry • Spicy Mixed Pickles	"Esterhazy Beef" • Tenderwheat	"Chicken Channa" • Indian Chicken Curry • Chick Peas • Pfefferoni • Tomato - Coconut Sauce •	"Khuti Mithi Muchhli" • Sweet & Sour Fish • Veggie Bhaji • Spicy Green Relish	Indian Chicken Tikka Masala • Naan Bread
<b>VEGETARIAN ALTERNATIVE</b>	Indian Lentils • Jasmin Rice	Indian Vegetarian Rice	Veggie Curry • Long Grain Rice	Vegetarian Burrito • Guacamole	Antipasti - Skewer • Buttered Potatoes

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