

MENU PLAN VIENNA INTERNATIONAL SCHOOL

22.08.2022 bis 26.08.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP		Chicken Broth • Baked Peas • Chives	Beef Broth • Semolina Dumpling • Chives	Beef Broth • Profiteroles • Chives	"Mille Fanti" • Italian Bread Soup
MAIN DISH 1		Spaghetti Bolognese • Grana ELC - GRADE 1	"Zurich Style" Beef Buttered Dumplings • ELC - GRADE 1	Veal Polpetti • Ratatouille • Buttered Rice ELC - GRADE 1	Chicken Schnitzel • Cornflakes - Breeding • Buttered Potatoes ELC - GRADE 1
MAIN DISH 2		„Italian Style“ Turkey Ragout • Egg Dumplings • Chives • Roasted Onions	Burrito • Pulled Chicken	Fried Tilapia Fillet • Antipasti Veggies • Bulgur	Chili con Carne with Minced Beef
VEGETARIAN ALTERNATIVE		Broccoli Strudel • Herb Sauce • Salad	Potato - Broccoli Patties • Herb Dip	Fried Zucchini Sticks • Sauce Verte • Parsley Potatoes	Vegan Italian Veggie Hotpot •

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail andrew.warren@eurest.at

HERE YOU EAT REALLY

FRESH

MENU PLAN VIENNA INTERNATIONAL SCHOOL

29.08.2022 bis 02.09.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Clear Chicken Soup • Pumpkin Seeds - Sliced Pancake	Chicken Soup • Noodles • Vegetables	Vegetable Brith • Fennel • Rice	Chicken Soup • Mushroom Biscuit	Beef Broth • Carrots - Dumpling
MAIN DISH 1	Mac 'n Cheese Fresh Broccoli • ELC - GRADE 1	Grilled Chicken Escalopes • Parsley Purée ELC - GRADE 1	Beef Tortelloni • Tomato -Basil Sauce ELC - GRADE 1	Beef Ragout "Italian Style " • Buttered Noodles ELC - GRADE 1	Fried Sea Bass Fillet • Buttered Potatoes ELC - GRADE 1
MAIN DISH 2	"Yellow Veggie Curry" • Paprika • Cherry Tomatoes • Jasmin Rice	Boiled Beef • Steamed Potatoes • Strips of Vegetables	Roast Turkey Breast • Mushroom Sauce • Bread Dumpling	Grilled Chicken Breast • Penne Arrabiata • Herb Butter • Broccoli	Gratinated Chicken Cannelloni
VEGETARIAN ALTERNATIVE	Millet Patties • Tomato Salad • Basili • Guacamole	Zucchini Risotto • Feta • Glazed Pear • Rucola	Kärntner Kasnudel • Brown Butter • Roasted Pumpkin Seeds	Cabbage - Tomato Lasagne • Tomato-Basil Sauce	Grilled Tofu • Veggie Curry • Lemongrass Pineapple Rice •

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Moroccan Vegetable Soup • Chick Peas	"Minestrone a la Genovese con Pesto" • Italian Vegetable Soup	Vegetable Broth • Garlic Leaf Pancake	Vegetable Cream Soup	Chicken Broth • Noodles • Strips of Vegetables
MAIN DISH 1	Spaghetti • Veggie Sauce • Roasted Pumpkin Seeds ELC - GRADE 1	Chicken - Picatta Milanese • Peperonata Ricetta Steamed Rice ELC - GRADE 1	Chicken Cordon Bleu • Edam Cheese • Turkey Ham Buttered Potatoes ELC - GRADE 1	Esterhazy Gulasch • Sour Cream • Parsley • Bread Roll ELC - GRADE 1	Chicken Schnitzel • Parsley Potatoes ELC - GRADE 1
MAIN DISH 2	Veggie Gyosas • Asia Salad • Sesame-Soya Sauce	Boiled Beef Brisket • Steamed Potatoes • Strips of Vegetables	"Chicken Pesto Parm Bowl" • Broccoli • Cherry Tomato • Croutons • Quinoa • Leaf Salads • Pesto - Vinaigrette	Turkey Ragout „Italian Style“ Pilaw Rice	Tilapia Fillet á la Basilico • Basmati Rice •
VEGETARIAN ALTERNATIVE	Antipasti-Skewer Buttered Rice	Garlic Leaf Risotto	Asparagus Tortelloni • Grana	Italian Veggie Hotpot • Grilled Polenta	Potato - Broccoli Patties

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

12.09.2022 bis 16.09.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Broth • Basil	Chicken Broth • Noodles	"Mille Fanti" • Italian Bread Soup	Beef Broth • Pancake Strips • Chives	Chicken Broth • Spinach Ravioli
MAIN DISH 1	Ricotta Tortelloni • Tomato Sauce ELC - GRADE 1	Chicken Escalopes • Gnocchi • Warm Herb Sauce ELC - GRADE 1	Polpetti in Herb - Mustard Sauce • Pasta Horns ELC - GRADE 1	Italian Chicken Burger • Rucola • Mozzarella • Tomato • Artichoke Cream • Rosemary Potatoes ELC - GRADE 1	Fried Sea Bass Fillet • Basmati Rice ELC - GRADE 1
MAIN DISH 2	Fried Zucchini Sticks • Sauce Verte • Parsley Potatoes	Boiled Beef Brisket • Hash Browns • Cream Spinach • Bread Sauce • Chives	Chicken Biryani	"Italian Style" Beef Ragout • Vegetable - Eibly	Grilled Turkey Escalope • Cream Cheese • Creamy Turnip • Chervil Potatoes
VEGETARIAN ALTERNATIVE	Spinat Lasagne	Italian Veggie Hotpot •	Broccoli Strudel • Herb Dip • Salad	Gratinated Potato Patties • Tomato - Mozzarella	Cheese Dumpling • Leek Sauce • Cabbage Salad •

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

19.09.2022 bis 23.09.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	"Minestrone a la Genovese con Pesto" • Italian Veggie Soup	Chicken Broth • Baked Peas • Chives	Beef Broth • Semolina Dumpling • Chives	Beef Broth • Profiteroles • Chives	Semolina Soup Veggie Strips
MAIN DISH 1	"Mac 'n Cheese" • Zucchini ELC - GRADE 1	Chicken Schnitzel • Cornflakes - Breeding • Buttered Potatoes ELC - GRADE 1	"Zurich Style" Beef Buttered Dumplings • ELC - GRADE 1	Pizza Bella Italia ELC - GRADE 1	"Calamari Fritti" Lemon Grass Aioli • Salad ELC - GRADE 1
MAIN DISH 2	Ricotta Tortelloni • Tomato-Basil Sauce	Chili con Carne with Minced Beef	Burrito • Pulled Chicken	Fried Tilapia Fillet • Antipasti Veggies • Bulgur	Bifteki me feta • Greek Beef Patties - Feta Filling Carrots
VEGETARIAN ALTERNATIVE	Buckwheat Risotto • Mushrooms • Root Veggies	Broccoli Strudel • Herb Sauce • Salad	Potato - Broccoli Patties • Herb Dip	Fried Zucchini Sticks • Sauce Verte • Parsley Potatoes	"Ebly" Soufflé • Herb Dip

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

26.09.2022 bis 30.09.2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Maroccan Veggie Soup Chick Peas •	Chicken Broth • Turkey Ham - Biscuits	Beef Broth • Broccoli - Spelt Biscuit	Broccoli-Cream Soup	
MAIN DISH 1	Penne Rigate á la Primavera Basil Tomato Sauce ELC - GRADE 1	Esterhazy Beef Goulash Bread Roll ELC - GRADE 1	Spaghetti Bolognese Parmesan Broccoli ELC - GRADE 1	Gratinated Chicken Cannelloni Green Beans ELC - GRADE 1	School Holiday
MAIN DISH 2	Griechischer Chick Pea Hotpot • Tomatoes • Feta • Bio - Orange Zest • Fresh Oregano	Turkish Pide Ground Beef • Tomatoes • Mint Yoghurt	"Chicken Channa" Indian Chicken Curry • Chick Peas • Pfefferoni • Tomato - Coconut Sauce • Basmati Rice	"Chili Beef Tacos" Chipotle Sauce • Salad • Quinoa • Manchego • Quail Beans	
VEGETARIAN ALTERNATIVE	Gratinated Spinach Pancake • Sour Cream • Chive Dip	"Spanaki sto fourno" • Greek Spinach- & Rice Gratin	Veggie Strudel Salad Garnish Dill -Yoghurt Dip	Ricotta - Spinach Tortellini Mascarpone - Leek Sauce Basil	

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