

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

30.01.2023 bis 03.02.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Clear Chicken Soup • Pumpkin Seeds - Sliced Pancake	Chicken Soup • Noodles • Vegetables	Vegetable Brith • Fennel • Rice	Chicken Soup • Mushroom Biscuit	Beef Broth • Carrots - Dumpling
<b>MAIN DISH 1</b>	Fusilli • Vegan Bolognese Sauce  ELC - GRADE 1	Grilled Chicken Escalopes • Parsley Purée  ELC - GRADE 1	Beef Tortelloni • Tomato -Basil Sauce  ELC - GRADE 1	Beef Ragout "Italian Style " • Potato Croquettes  ELC - GRADE 1	Fried Sea Bass Fillet • Buttered Potatoes  ELC - GRADE 1
<b>MAIN DISH 2</b>	"Yellow Veggie Curry" • Paprika • Cherry Tomatoes • Jasmin Rice	Bohemian Braised Beef • Bread Dumpling	"Chili Beef Tacos" Chipotle Sauce • Eisberg • Quinoa schwarz • Manchego • Wachtelbohnen	Grilled Chicken Breast • Penne Arrabiata • Herb Butter • Broccoli	Gratinated Beef Cannelloni • Tomato Sauce
<b>VEGETARIAN ALTERNATIVE</b>	Millet Patties • Tomato Salad • Basili • Guacamole	Zucchini Risotto • Feta • Glazed Pear • Rucola	Kärntner Kasnudel • Brown Butter • Roasted Pumpkin Seeds	Cabbage - Tomato Lasagne • Tomato-Basil Sauce	Grilled Tofu • Veggie Curry • Lemongrass Pineapple Rice •

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.  
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Moroccan Vegetable Soup • Chick Peas	"Minestrone a la Genovese con Pesto" • Italian Vegetable Soup	Vegetable Broth • Garlic Leaf Pancake	Vegetable Cream Soup	Chicken Broth • Noodles • Strips of Vegetables
<b>MAIN DISH 1</b>	Spaghetti • Veggie Sauce • Roasted Pumpkin Seeds  ELC - GRADE 1	Chicken - Picatta Milanese • Peperonata Ricetta Steamed Rice  ELC - GRADE 1	Pasta Horns with Ground Beef • Salad  ELC - GRADE 1	Esterhazy Gulasch • Sour Cream • Parsley • Bread Roll  ELC - GRADE 1	Chicken Schnitzel • Parsley Potatoes  ELC - GRADE 1
<b>MAIN DISH 2</b>	Veggie Gyosas • Asia Salad • Sesame-Soya Sauce	Boiled Beef Brisket • Steamed Potatoes • Strips of Vegetables	"Chicken Pesto Parm Bowl" • Broccoli • Cherry Tomato • Croutons • Quinoa • Leaf Salads • Pesto - Vinaigrette	Rolled Turkey Roast • Bread Stuffing • Brussel Sprouts	Tilapia Fillet á la Basilico • Basmati Rice •
<b>VEGETARIAN ALTERNATIVE</b>	Antipasti-Skewer Buttered Rice	Garlic Leaf Risotto	Asparagus Tortelloni • Grana	Italian Veggie Hotpot • Grilled Polenta	Deep Fried Mushrooms • Tartare Sauce • Parsley Potatoes

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.  
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

20.02.2023 bis 24.02.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>		Chicken Broth • Baked Peas • Chives	Beef Broth • Semolina Dumpling • Chives	Beef Broth • Profiteroles • Chives	Semolina Soup Veggie Strips
<b>MAIN DISH 1</b>	SCHOOL HOLIDAY	Chicken Schnitzel • Cornflakes - Breeding • Buttered Potatoes  <small>ELC - GRADE 1</small>	Grilled Turkey Sausages • Roast Potatoes  <small>ELC - GRADE 1</small>	Pizza Bella Italia  <small>ELC - GRADE 1</small>	"Calamari Fritti" Lemon Grass Aioli • Salad  <small>ELC - GRADE 1</small>
<b>MAIN DISH 2</b>	NO SCHOOL	Chili con Carne with Minced Beef	Burrito • Pulled Chicken	Fried Tilapia Fillet • Antipasti Veggies • Bulgur	Bifteki me feta • Greek Beef Patties - Feta Filling Carrots
<b>VEGETARIAN ALTERNATIVE</b>		Broccoli Strudel • Herb Sauce • Salad	Potato Patties • Hash Browns • Cucumber Salad	Fried Zucchini Sticks • Sauce Verte • Parsley Potatoes	"Ebly" Soufflé • Herb Dip

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.  
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH

# MENU PLAN VIENNA INTERNATIONAL SCHOOL

27.02.2023 bis 03.03.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Vegetable Broth • Basil	Chicken Broth • Noodles	"Mille Fanti" • Italian Bread Soup	Beef Broth • Pancake Strips • Chives	Chicken Broth • Spinach Ravioli
<b>MAIN DISH 1</b>	Ricotta Tortelloni • Tomato Sauce  ELC - GRADE 1	Grilled Chicken Fillet • Gnocchi • Warm Herb Sauce  ELC - GRADE 1	Polpetti in Herb - Mustard Sauce • Pasta Horns  ELC - GRADE 1	Döner Kebab • Rice • Salad  ELC - GRADE 1	Fried Sea Bass Fillet • Basmati Rice  ELC - GRADE 1
<b>MAIN DISH 2</b>	Sautéed Dumplings with Egg • Salad	Boiled Beef Brisket • Hash Browns • Cream Spinach • Bread Sauce • Chives	"Happy Noodles" • Chicken Asia Veggies	"Italian Style" Beef Ragout • Vegetable - Eibly	Grilled Turkey Escalope • Cream Cheese • Creamy Turnip • Chervil Potatoes
<b>VEGETARIAN ALTERNATIVE</b>	Spinach Lasagne •	Italian Veggie Hotpot •	Vegetable Strudel • Herb Dip • Parsley Potatoes	Gratinated Potato Patties • Tomato - Mozzarella	Cheese Dumpling • Leek Sauce • Cabbage Salad •

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products. If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)

HERE YOU EAT REALLY

FRESH