

MENU PLAN VIENNA INTERNATIONAL SCHOOL

06.03.2023 bis 10.03.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Viennese Potato Soup • Mushrooms • Lovage (Vegan)	Kung Pho Soup Egg Noodles	Beef Broth • Pancake Strips • Chives	Clear Vegetable Soup • Root Veggies	Clear Chicken Soup • Broccoli Biscuit
MAIN DISH 1	Spaghetti • Veggie - Olive Sauce • Grana ELC - GRADE 1	"Chicken Koy Soy" • Buttered Noodles ELC - GRADE 1	Turkey Ham Pasta Flakes • "Schinkenfleckerl" • Sour Cream ELC - GRADE 1	Szechuan Turkey Fillet • Buttered Rice ELC - GRADE 1	Fried Seabass Fillet • Buttered Potatoes ELC - GRADE 1
MAIN DISH 2	Egg Fried Rice • Asia Veggies	"Panang Nya" • Strips of Beef • Coconut • Thai Basil • Jasmin Rice	Chicken Spring Roll • Asian Salad	"Minted Beef stir-fry" • Fresh Mint • Chili • Soya Sauce • Egg Noodles •	Moussaka • Ground Beef • Tzatziki
VEGETARIAN ALTERNATIVE	Broccoli á la Creme • Buttered Potatoes	Fried Vegetable Cous-Cous	Mushroom "Stroganoff" • Fried Bread Dumplings	Penne alla Puttanesca Grana • Fresh Basil	Potato Strudel • Herb Sauce

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.
If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail andrew.warren@eurest.at

HERE YOU EAT REALLY

FRESH

MENU PLAN VIENNA INTERNATIONAL SCHOOL

13.03.2023 bis 17.03.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Beef Broth • Baked Peas • Chives	Carrot - Coconut Soup • Fresh Ginger	Clear Chicken Soup • Pumpkin Seed - Pancake	Thai Yellow Curry Soup	Pumpkin - Orange Soup • Strips of Veggies
MAIN DISH 1	Gnocchi • Tomato - Basil Ragout ELC - GRADE 1	Cheese Burger • Roast Potatoes • Sweetcorn ELC - GRADE 1	Beef "Stroganoff" • Croquette Potatoes • Honey - Carrots ELC - GRADE 1	Grilled Chicken Breast • Curry Sauce • Basmati Rice ELC - GRADE 1	Calamari Fritti • Buttered Potatoes • Peas ELC - GRADE 1
MAIN DISH 2	Hokkaido Pumpkin - Curry • Rice	"Koy Soy" Turkey • Black Noodles • Fresh Wok Veggies	Seabass Fillet - Turkey Ham Wrap • Broccoli - Tarhony • Parsley Potatoes	Tangy Groud Beef • Jasmin Rice • Thai Veggies - Laab Muu	Curry Tagliatelle • Masala Chicken • Braised Paprika • Green Relish
VEGETARIAN ALTERNATIVE	Fried Pak Choi-Wok Veggies • Egg Noodles •	Aubergine Curry • Chick Peas • Basmati Rice	Ebly "Florentine" • Tomato - Basil Sauce	Veggie - Sweet Potato Curry • Fried Rice	Baked Potato • Chili Beans • Cheddar • Sour Cream • Guacamole

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

20.03.2023 bis 24.03.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Broth • Vegan Pea Biscuit	"Vintage Style" Viennese Soup	Beef Broth • Baked Peas • Chives	Indian Dal Soup • Red Lentils	Thai Yellow Curry Soup
MAIN DISH 1	Veggie Patties • Salad • Tzatziki ELC - GRADE 1	Fried Turkey Schnitzel • Cornflakes - Breading • Buttered Rice ELC - GRADE 1	Spaghetti Bolognese • Grana ELC - GRADE 1	Beef Goulash • Bread Roll ELC - GRADE 1	Chicken "Cordon Bleu" • Buttered Potatoes ELC - GRADE 1
MAIN DISH 2	Penne • Leek Sauce	Boiled Beef Brisket • Steamed Potatoes • Strips of Veggies	Tandoori Chicken • Yellow Rice • Cucumber - Tomato Raita	Tepanyaki Chicken • Asia Veggies • Fried Rice	Chicken "Bami Goreng" • Indonseian Noodles
VEGETARIAN ALTERNATIVE	Vegetable Strudel • Warm Parsley Sauce	Sautéed Bread Dumplings • Egg • Chives	"Spanakotiropita" Greek Spinach - Feta Strudel	Asian Vegetables • Glass Noodles	Penne Pasta • Cabbage Pesto • Avocado • Chia Seeds

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

27.03.2023 bis 31.03.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Indian Dal Soup •	Chicken Broth • Baked Peas • Chives	Clear Chicken Soup • Curry Rice • Veggies	Beef Broth • Pancake Strips • Chives	Curry Cream Soup
MAIN DISH 1	Mushroom Tortellini • Cheese Sauce ELC - GRADE 1	"Esterhazy Beef" • Tenderwheat ELC - GRADE 1	Polpetti in Mustard - Herb Sauce • Pasta Horns ELC - GRADE 1	Classic "Little Italy" Burger • Potato Wedges ELC - GRADE 1	Chicken Schnitzel • Cornflakes - Breading • Basmati Rice ELC - GRADE 1
MAIN DISH 2	"Aloo Jeera" • Indian Potato - Curry • Spicy Mixed Pickles	Chicken Teppanyaki • Asian Veggies • Fried Rice	"Chicken Channa" • Indian Chicken Curry • Chick Peas • Pfefferoni • Tomato - Coconut Sauce •	"Khuti Mithi Muchhli" • Sweet & Sour Fish • Veggie Bhaji • Spicy Green Relish	Indian Chicken Tikka Masala • Naan Bread
VEGETARIAN ALTERNATIVE	Indian Lentils • Jasmin Rice	Indian Vegetarian Rice	Veggie Curry • Long Grain Rice	Vegetarian Burrito • Guacamole	Antipasti - Skewer • Buttered Potatoes

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