

MENU PLAN VIENNA INTERNATIONAL SCHOOL

01.05.2023 bis 05.05.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP		Broccoli Cream Soup	Beef Broth • Semolina Dumplings	Chicken Broth • Veggies • Chives	Potato Soup
MAIN DISH 1	PUBLIC HOLIDAY	Grilled Chicken Breast • Curry Sauce • Basmati Rice <small>ELC - GRADE 1</small>	Spaghetti Bolognese • Grana • Broccoli <small>ELC - GRADE 1</small>	"Schinkenfleckerln" Austrian Style Pasta Flakes • Turkey Ham • Sour Cream Dip <small>ELC - GRADE 1</small>	Chicken Schnitzel • Risi - Bisi <small>ELC - GRADE 1</small>
MAIN DISH 2	NO SCHOOL	Viennese Braised Beef • Bread Dumplings • Sour Cream Sauce	Szechuan Chicken • Egg Noodles	Turkey Fillet "Caprese" • Buttered Rice	Tilapia Fish Fillet • Curcuma Sauce • Garlic Potatoes
VEGETARIAN ALTERNATIVE		Italian Veggie Hotpot • Parsley Potatoes	Veggie - Sweet Potato Chili	Leek & Lentils • Rice	Egg Fried Rice • Spring Onions • Shitake Mushrooms

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products. If you have any questions, please feel free to contact us under phone 0676/884 882 24 or mail andrew.warren@eurest.at

HERE YOU EAT REALLY

FRESH

MENU PLAN VIENNA INTERNATIONAL SCHOOL

08.05.2023 bis 12.05.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Moroccan Vegetable Soup • Chick Peas	"Minestrone a la Genovese con Pesto" • Italian Vegetable Soup	Vegetable Broth • Garlic Leaf Pancake	Vegetable Cream Soup	Chicken Broth • Noodles • Strips of Veggies
MAIN DISH 1	Spaghetti • Veggie Sauce • Roasted Pumpkin Seeds ELC - GRADE 1	Chicken - Picatta Milanese • Peperonata Ricetta Steamed Rice ELC - GRADE 1	Strips of Beef • Mushrooms • Cranberry Sauce Potato Croquettes • Carrots ELC - GRADE 1	Polpetti • Basil - Potato Purée • Onions & Broccoli ELC - GRADE 1	Chicken Schnitzel • Parsley Potatoes ELC - GRADE 1
MAIN DISH 2	Vegetarian Spring Roll • Herb Salad •	Boiled Beef Brisket • Steamed Potatoes • Strips of Vegetables	"Chicken Pesto Parm Bowl" • Broccoli • Cherry Tomato • Croutons • Quinoa • Leaf Salads • Pesto - Vinaigrette	Turkey Ragout „Italian Style“ Pilaw Rice	Tilapia Fillet á la Basilico • Basmati Rice •
VEGETARIAN ALTERNATIVE	Grilled Zucchini • Chermoula • Olive - Tomato Couscous	Potato Goulash • Smoked Tofu	Veggie -Sweet Potato Chili • Fried Rice	Vegan Risotto • Cream Mushrooms • Root - Herb Veggies	Beluga Lentil Hotpot "Provencale"

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15.05.2023 bis 19.05.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	"Minestrone a la Genovese con Pesto" • Italian Veggie Soup	Chicken Broth • Baked Peas • Chives	Beef Broth • Semolina Dumpling • Chives		Apple - Pumpkin Soup • Caramelized Apple
MAIN DISH 1	"Mac 'n Cheese" • Zucchini ELC - GRADE 1	"Zurich Style" Beef Buttered Dumplings • ELC - GRADE 1	Pizza Bella Italia ELC - GRADE 1	ELC - GRADE 1	Tex Mex Beef Fajitas • Salad ELC - GRADE 1
MAIN DISH 2	Panfried Tofu • Veggie Curry • Pineapple Rice • Lemon Grass	"Red Curry Chicken Bowl" • Thai Curry Sauce • Red Chili • Jasmin Rice	Burrito • Pulled Chicken • Salad		Chicken Zurichoise • Fusilli Noodles
VEGETARIAN ALTERNATIVE	Falafel Tomato Sauce • Basmati Rice	Banana - Veggie Sauté • Lime Rice	Wholemeal Pasta • Artichokes in Tomato Sauce		Braised Fennel • Olive - Tomato Cous-Cous (VEGAN)

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MENU PLAN VIENNA INTERNATIONAL SCHOOL

22.05.2023 bis 26.05.2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Broth • Vegan Pea Biscuit	"Vintage Style" Viennese Soup	Beef Broth • Baked Peas • Chives	Beef Broth • Pumpkin seed Pancake	Thai Yellow Curry Soup
MAIN DISH 1	Veggie Patties • Tzatsiki • Leek - Potatoes ELC - GRADE 1	Chicken Schnitzel • Basmati Rice • Sweetcorn Salad ELC - GRADE 1	Spaghetti Bolognese • Grana ELC - GRADE 1	"Schinkenfleckerln" Austrian Style Pasta Flakes • Turkey Ham • Sour Cream Dip	Calamari Fritti • Buttered Potatoes • Peas ELC - GRADE 1
MAIN DISH 2	Spinach - Garlic Dumplings • Horsereadish Cream Suace • Salad	Chicken Samosa • Herb Salad	Bami Goreng • Indonesian Noodle Dish	Turkey Fillet "Caprese" • Buttered Rice	Bami Goreng Indonesian Noodles Mango - Pineapple - Chutney
VEGETARIAN ALTERNATIVE	Beluga Linsen Hotpot "Provencale"	Italian Veggie Sauté • New Potatoes	Hokkaido Pumpkin - Curry • Coconut Rice	Asparagus Tortelloni • Grana	Penne Pasta • Cabbage Pesto • Avocado • Chia Seeds

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