

yummy 😊

MENU PLAN

vienna international school

07.1-11.1
SOUP

MONDAY

Beef Soup

with Profiteroles


xxx

MAIN DISH 1

Spaghetti Bolognese
with Parmesan

and Green Beans (ELC)

Kcal/BU

 438/4,5

xxx

MAIN DISH 2

Sesame Chicken Fillet
on Leek Potatoes
and Chive Dip

Kcal/BU

393/1,6

xxx

**VEGETARIAN
ALTERNATIVE**

Mexican "Hotpot"
with a Bread Roll

Kcal/BU

 579/3,5

TUESDAY

Clear Soup

with Vegetables

xxx

Mushroom Chicken
with Rice

and Sweetcorn (ELC)

465/3

xxx

Deep Fried Calamari
with Parsley Potatoes
and Tartare Sauce



408/3

xxx

Spinach Pancakes
on Herb Cream Sauce



329/3,5

WEDNESDAY

Clear Soup

Wholemeal Croutons

xxx

Penne Noodles
Tomato-Basil Sauce

& Parmesan (ELC)

 580/2

xxx

New Potato Sauté
with Young Vegetables
& Feta Cheese



321/2

xxx

Egg Fried Noodles
with Asian Vegetables



383/2,5

THURSDAY

Clear Soup

with Noodles

xxx

Beef Polpetti
with Mashed Potato

and Carrots (ELC)

 420/2

xxx

Chicken Tikka Masala
with Pilaw Rice
and Pita Bread



351/3

xxx

Fried Cheese Patties
with Cabbage Salad



315/3

FRIDAY


Clear Soup

with Sliced Pancakes

xxx

Chicken Schnitzel
with Rice

and Peas (ELC)

 580/4,5

xxx

Grilled Tilapia Fillet
with Lemon Sauce
and Potatoes

487/4

xxx

Vegetarian
Potato Goulash
& a Bread Roll



415/4

Our trained member of staff, Unit Manager Anrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian

yummy 😊

MENU PLAN

vienna international school

14.1-18.1
SOUP

MONDAY

Clear Soup
with Baked Peas
xxx

MAIN DISH 1

Spaghetti Carbonara
with Turkey Ham
& Green Beans (ELC)

Kcal/BU

 360/4
xxx

MAIN DISH 2

Chicken Gratinated
with Mozzarella &
served with Rice


Kcal/BU

396/2
xxx

VEGETARIAN
ALTERNATIVE

Spinach Gnocchi
in Herb Cream Sauce

Kcal/BU

with Leaf Salads
 432/3

TUESDAY

Clear Soup
with Noodles
xxx



BBQ Chicken Fillet
with Potatoes
& Broccoli (ELC)

 420/2
xxx

Sweet and Sour Beef
with Bean Sprouts
and Egg Noodles

 342/3
xxx

Baked Potato
with Paprika Ragout

and Sour Cream
 438/3 

WEDNESDAY

Clear Soup
with Rice
xxx

Pizza Napolitana
with Mozzarella
(ELC)

 459/4,5
xxx

Stuffed Zucchini
with Spinach and Feta
& Herb Potatoes

 391/5
xxx

Yellow Lentil Curry
with Coconut Rice

 326/2,5

THURSDAY

Clear Soup
with Profiteroles
xxx

"Schinkenfleckerl"
Pasta and Turkey Ham
Cucumber Salad
(ELC)

 530/5
xxx

Boiled Beef
with Hash Browns
and Pumpkin

645/3,5
xxx

Vegetables Strudel
with Sour Cream

and Salad
 440/5 

FRIDAY

Clear Soup
with Vegetables
xxx

Fish Fingers
with Rice
and Peas (ELC)

 400/3
xxx

Beef Canneloni
with Tomato Sauce
& Parmesan

 562/4,5
xxx

Gratinated Cauliflower
with Cheese

and Salad
 320/1

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MENU PLAN

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21.1-25.1
SOUP

MONDAY

Clear Beef Soup
Rice & Peas

xxx

MAIN DISH 1

Spaghetti Bolognese
with Parmesan
Broccoli (ELC)

Kcal/BU



438/4,5

xxx

MAIN DISH 2

Lemon Chicken
with Parsley Potatoes
and Broccoli

Kcal/BU

385/5

xxx

VEGETARIAN
ALTERNATIVE

Spinach & Feta Strudel
with Yoghurt Sauce

Kcal/BU



295/3



TUESDAY

Tomato Soup

xxx

Paprika Chicken
with Dumplings
& Sweetcorn (ELC)



420/3

xxx

Beef "Stroganoff"
with Noodles
& Sour Cream



393/2,5



xxx

Cheese Wraps
& Guacamole



247/2

WEDNESDAY

Clear Chicken Soup
with Tarhonya

xxx

Pasta Bake
Tomato-Basil Sauce
& Mozzarella (ELC)



342/1,5

xxx

Vegetarian
Potato Goulash
with a Bread Roll



415/4

xxx

Vegetarian Spring
Roll with Spicy



Cabbage Salad
360/3

THURSDAY

Cream of Vegetable Soup

xxx

Chicken Burger
with Coleslaw
& Potato Wedges (ELC)



420/3

xxx

Thai Red Beef Curry
with Coconut
Asian Veggies & Rice

326/2

xxx

Vegetable Patties
with Rosemary Potatoes



and Yoghurt Dip
632/4,5

FRIDAY

Clear Vegetable Soup
with Noodles

xxx

Turkey "Schnitzel"
with Rice &
Peas (ELC)



459/4,5

xxx

Grilled Dory Fillet
with Bulgur
and Saffron Sauce

491/3,5

xxx

Cheese Canneloni
with Parsley Sauce



525/5



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MENU PLAN

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28.01-01.02
SOUP

MONDAY

Clear Soup
with Alphabet Noodles

xxx

MAIN DISH 1

Maccheroni Cheese
with Grilled Chicken

& Green Beans

Kcal/BU



360/4

xxx

MAIN DISH 2

Strips of Turkey
with Rice, Mushrooms
& Tomatoes

Kcal/BU

380/3

xxx

**VEGETARIAN
ALTERNATIVE**

Filled Hash Browns
with Cottage Cheese

& Salad

Kcal/BU



364/2

TUESDAY

Cream of

Cauliflower Soup

xxx

Chicken Picatta
with Rice, Zucchini

and Leek Sauce (ELC)

465/3

xxx

Thai Green Curry
with Beef
& Egg Noodles



393/2,5

xxx

Deep Fried Zucchini
with Steamed Potatoes



315/3

WEDNESDAY

Clear Soup

with Sliced Vegetables

xxx

Penne Noodles
with Veggie Sauce

and Broccoli



437/3

xxx

Giant Hash Browns
with Ratatouille
and Chive Sour Cream

451/3

xxx

Lentil "Hotpot"
with Fresh Herbs



489/6

& a Bread Roll

THURSDAY

Cream of

Tomato Soup

xxx

Beef Goulash
with Bread Roll

& Broccoli (ELC)



485/4,5

xxx

Fillet of Chicken
on Mediterranean Veg.
(Tomatoes, Olives & Capers)

478/4

xxx

Vegetable Strudel
with Tzatsiki Salad



219/2



& Sour Cream

579/6



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