

yummy😊

MENU PLAN

vienna international school

7.12 - 11.12
SOUP

MONDAY

Beef Soup with
Chees Dumplings

xxx

MAIN DISH 1

Spaghetti Bolognaise
with Parmesan
& Carrots (ELC)

Kcal/BU

421/2,5



xxx

MAIN DISH 2

Mild Chicken Curry
with Coconut
Asian Veggies & Rice

Kcal/BU

408/3

xxx

**VEGETARIAN
ALTERNATIVE**

Marrocan Cous-Cous
with Parmesan



Kcal/BU

321/3

TUESDAY

**Public
Holiday**

**School
Closed**

WEDNESDAY

Beef Soup with
Cheese Dumplings

xxx

Pizza Napolitana
with Mozzarella
& Sweetcorn (ELC)



403/3



xxx

Gratinated Wrap
with Veggies & Cheese
Sour Cream



461/5



xxx

Greek Vegetable Hot Pot
with Feta, Olives



Wholemeal Bread

219/2,5

THURSDAY

Clear Vegetable Soup
with Pumpkin Cakes

xxx

Beef Burger
with Coleslaw
& Potato Wedges (ELC)

420/3



xxx

Grilled Pike Fillet with
Tagliatelle- Saffron Sauce
& Tomato Ragout

578/4



xxx

Basil Gnocchi
with Olive Pesto



& Tofu

552/3

FRIDAY

Clear Beef Soup
Baked Peas

xxx

Chicken "Schnitzel"
with Rice
and Carrots (ELC)

490/3



xxx

Grilled Turkey Fillet
with Sweet Potato-Celery
Purée & Sweetcorn

356/3

xxx

Mexican Bean Tortilla
with Avocado Dip



& Sour Cream

320/2

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian

yummy😊

MENU PLAN

vienna international school

14.12 - 18.12
SOUP

MONDAY

Beef Soup with
Chees Dumplings

xxx

MAIN DISH 1

Spaghetti Carbonara
with Turkey Ham

Carrots

403/3

xxx

Kcal/BU

MAIN DISH 2

Chicken Biriyani
with Saffron Rice
& Mango Chutney

384/2,7

xxx

Kcal/BU

VEGETARIAN
ALTERNATIVE

Filled Hash Browns
with Cottage Cheese

& Salad

364/2

Kcal/BU

TUESDAY

Clear Zucchini
& Pumpkin Soup

xxx

BBQ Chicken Fillet
with Roast Potatoes

(ELC)

539/4

xxx

Deep Fried Calamari
with Parsley Potatoes

and Dip

408/3

xxx

Potato Gratin with
Mushrooms & Herb Sauce

438/4

WEDNESDAY

Beef Soup with
Cheese Dumplings

xxx

Maccheroni Cheese
with Parmesan

& Green Beans (ELC)

403/3

xxx

Baked Potato
with Ratatouille

and Sour Cream

432/3

xxx

Cous-Cous Sauté
with Tomatoes

& Snow Peas

438/3

THURSDAY

Clear Vegetable Soup
with Pumpkin Cakes

xxx

Beef Polpetti
with Mashed Potato

and Broccoli (ELC)

420/2

xxx

Turkey Steak "Hawaii"
with Rice &

Fresh Wok Vegetables

401/3,5

xxx

Vegetable Spring Roll
& Spicy Wok Veggies

433/5

FRIDAY

Clear Beef Soup
Baked Peas

xxx

Deep Fried Cod Fillet
with Rice

and Sweetcorn (ELC)

400/3

xxx

Boiled Beef
with Hash Browns

and Pumpkin

645/3,5

xxx

Gratinated Cauliflower
with Cheese

and Salad

320/1

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MENU PLAN

vienna international school

21.12 - 25.12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP

Viennese Beef Soup
with Vegetable Strips

Clear Vegetable Soup
with Alphabet Noodles

MAIN DISH 1

Spaghetti Bolognaise
with Parmesan
and Carrots (ELC)

Chicken "Schnitzel"
with Rice
and Carrots (ELC)

Kcal/BU



421/2,5



490/3

MAIN DISH 2

Marinated Beef Strips
with Asia Vegetable
and Rice

Grilled Redfish Fillet
with Marinated Antipasti
and Rosemary Potatoes

Kcal/BU



401/3,5

487/4

VEGETARIAN ALTERNATIVE

New Potato Sauté
with Young Vegetables

Feta Tortelloni
in Olive-Tomato Sauce
with Salad

Kcal/BU



& Salad
321/2



494/5



A VERY MERRY CHRISTMAS
TO EVERYONE

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Vegetarian

EAT LEARN LIVE by Eurest