

MENU PLAN

vienna international school

7	7.12 - 11.12 SOUP	MONDAY Beef Soup with	TUESDAY	WEDNESDAY Beef Soup with	THURSDAY Clear Vegetable Soup	FRIDAY Clear Beef Soup
		Chees Dumplings		Cheese Dumplings	with Pumpkin Cakes	Baked Peas
		XXX		XXX	XXX	XXX
	MAIN DISH 1	Spaghetti Bolognaise	Public	Pizza Napolitana	Beef Burger	Chicken "Schnitzel"
1		with Parmesan	Holiday	with Mozzarella	with Coleslaw	with Rice
Λ		& Carrots (ELC)		& Sweetcorn (ELC)	& Potato Wedges (ELC)	and Carrots (ELC)
IJ	Kcal/BU	421/2,5 🜒		403/3 🌒	420/3 💜	490/3 🖤
		XXX		XXX	XXX	XXX
	MAIN DISH 2	Mild Chicken Curry	School	Gratinated Wrap	Grilled Pike Fillet with	Grilled Turkey Fillet
		with Coconut	Closed	with Veggies & Cheese	Tagliatelle- Saffron Sauce	with Sweet Potato-Celery
		Asian Veggies & Rice		Sour Cream	& Tomato Ragout	Purée & Sweetcorn
	Kcal/BU	408/3		461/5	578/4 🌒	356/3
		XXX		XXX	XXX	XXX
Λ	VEGETARIAN	Marrocan Cous-Cous		Greek Vegetable Hot Pot	Basil Gnocchi	Mexican Bean Tortilla
	ALTERNATIVE	with Parmesan		with Feta, Olives	with Olive Pesto	with Avocado Dip
$\left(\right)$				Wholemeal Bread	🔇 & Tofu	🔇 & Sour Cream
	Kcal/BU	321/3		219/2,5	552/3	320/2

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at

Contains Wheat Contains Cow's Milk

Vegetarian



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14.12 - 18.12	MONDAY	TUESDAY		
SOUP	Beef Soup with	Clear Zucchini		
	Chees Dumplings	& Pumpkin Soup		
	xxx	XXX		
MAIN DISH 1	Spaghetti Carbonara	BBQ Chicken Fillet		
	with Turkey Ham	with Roast Potatoes		
	Carrots	(ELC)		
Kcal/BU	403/3 🌒	539/4		
	XXX	xxx		
MAIN DISH 2	Chicken Biriyani	Deep Fried Calamari		
	with Saffron Rice	with Parsley Potatoes		
	& Mango Chutney	and Dip		
Kcal/BU	384/2,7	408/3		
	xxx	XXX		
VEGETARIAN	Filled Hash Browns	Potato Gratin with		
ALTERNATIVE	with Cottage Cheese	Mushrooms & Herb Sauce		
Kcal/BU	& Salad 364/2	438/4		
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Beef Soup with Cheese Dumplings ххх Maccheroni Cheese with Parmesan & Green Beans (ELC) 403/3 ххх **Baked Potato** with Ratatouille and Sour Cream 432/3 ххх Cous-Cous Sautée with Tomatoes & Snow Peas 438/3

WEDNESDAY

THURSDAY

Clear Vegetable Soup with Pumpkin Cakes XXX Beef Polpetti

with Mashed Potato and Broccoli (ELC)

ххх Turkey Steak "Hawaii" with Rice &

420/2

Fresh Wok Vegetables

401/3.5 ххх Vegetable Spring Roll & Spicy Wok Veggies

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433/5





FRIDAY

Clear Beef Soup

Baked Peas

ххх

Deep Fried Cod Fillet

with Rice

and Sweetcorn (ELC) 400/3

ххх

Boiled Beef

with Hash Browns

and Pumpkin

645/3,5

ххх

Gratinated Cauliflower

with Cheese

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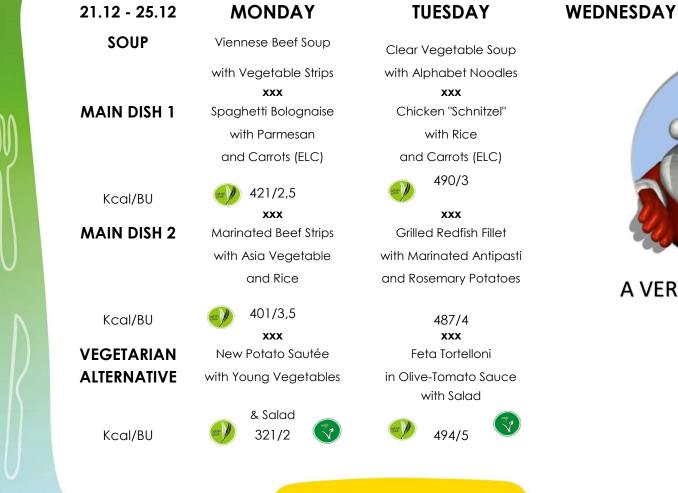
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A VERY MERRY CHRISTMAS TO EVERYONE



