

yummy😊

# MENU PLAN

vienna international school

06.1-10.1  
SOUP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN DISH 1

School

School

Clear Soup  
Wholemeal Croutons  
xxx  
Penne Noodles  
Tomato-Basil Sauce

Clear Soup  
with Noodles  
xxx  
Beef Polpetti  
with Mashed Potato

Clear Soup  
with Sliced Pancakes  
xxx  
Chicken Schnitzel  
with Rice

Holiday

Holiday

& Parmesan (ELC)

and Carrots (ELC)

and Peas (ELC)

Kcal/BU

 580/2  
xxx

 420/2  
xxx

 580/4,5  
xxx

MAIN DISH 2

No

No

New Potato Sauté  
with Young Vegetables


Chicken Tikka Masala  
with Pilaw Rice

Grilled Tilapia Fillet  
with Lemon Sauce

School

School

& Feta Cheese  
321/2  
xxx 

and Pita Bread  
 351/3  
xxx

and Potatoes  
487/4  
xxx

Kcal/BU

Egg Fried Noodles  
with Asian Vegetables

Fried Cheese Patties  
with Cabbage Salad



Vegetarian  
Potato Goulash

VEGETARIAN  
ALTERNATIVE

Kcal/BU

 383/2,5

 315/3

 with a Bread Roll  415/4

Our trained member of staff, Unit Manager Anrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian

yummy ☺

# MENU PLAN

vienna international school

13.1-17.1

## SOUP

## MAIN DISH 1

Kcal/BU

## MAIN DISH 2

Kcal/BU

## VEGETARIAN ALTERNATIVE

Kcal/BU

## MONDAY

Clear Soup  
with Baked Peas

xxx

Spaghetti Bolognese  
with Parmesan

& Green Beans (ELC)



438/4,5

xxx

Sesame Chicken Fillet  
on Leek Potatoes

and Chive Dip

393/1,6

xxx

Mexican "Hotpot"  
with a Bread Roll



579/3,5

432/3

## TUESDAY

Clear Soup  
with Noodles

xxx

BBQ Chicken Fillet  
with Potatoes

and Broccoli (ELC)

420/2

xxx

Sweet and Sour Beef  
with Bean Sprouts

and Egg Noodles

342/3

xxx

Baked Potato  
with Paprika Ragout



and Sour Cream

438/3

## WEDNESDAY

Clear Soup  
with Rice

xxx

Maccheroni  
Tomato Vegetarian Sugo

& Sweetcorn (ELC)



522/3

xxx

Cheese  
Wraps

with Salad



315/3

xxx

Yellow Lentil Curry  
with Coconut Rice



326/2,5

## THURSDAY

Clear Soup  
with Profiteroles

xxx

Beefburger  
with Coleslaw

Potato Wedges (ELC)



420/3

xxx

Thai Red Chicken Curry  
with Coconut

Asian Vegetables & Rice

326/2

xxx

Vegetables Strudel  
with Sour Cream



and Salad

440/5



## FRIDAY

Clear Soup  
with Vegetables

xxx

Fish Fingers  
with Rice

and Peas (ELC)



400/3

xxx

Beef Canneloni  
with Tomato Sauce

& Parmesan



562/4,5

xxx

Gratinated Cauliflower  
with Cheese



and Salad

320/1

Our trained member of staff, Unit Manager  
Anrew Warren and his deputy Andi Wolf  
will be happy to inform you about allergens  
in our ingredients and products.

If you have any questions, please  
feel free to contact us under  
phone 0676-884 882 24 or mail  
andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian

yummy😊

# MENU PLAN

vienna international school

20.1-24.1  
SOUP

**MONDAY**

Clear Beef Soup  
Rice & Peas

xxx

Spaghetti Carbonara  
with Parmesan  
& Sweetcorn (ELC)

Kcal/BU



748/4

xxx

**MAIN DISH 2**

Grilled Chicken Fillet  
"Provencale"  
with Potato Medallions

Kcal/BU

368/4

xxx

**VEGETARIAN  
ALTERNATIVE**

Mushroom Sauce  
with a Bread Dumpling

Kcal/BU



725/5



**TUESDAY**

Tomato Soup

xxx

Paprika Chicken  
with Rice  
and Sweetcorn (ELC)

420/3

xxx

Boiled Beef Brisket  
with Hash Browns  
& Spinach

396/2

xxx

Gnocchi in Light  
Lemon Sauce  
with Parmesan

326/3,5



**WEDNESDAY**

Clear Chicken Soup  
with Targhonya

xxx

Gratinated Penne Noodles  
with Tomato-Basil Sauce

& Cheese (ELC)



342/1,5

xxx

Vegetarian  
Potato Goulash  
with a Bread Roll



415/4

xxx

Vegetarian Spring  
Roll with Spicy

Cabbage Salad



360/3

**THURSDAY**

Cream of Vegetable Soup

xxx

Beef Goulash  
with Bread Roll

& Brussel Sprouts (ELC)



685/4,5

xxx

Chicken Biryani  
with Saffron Rice  
& Mango Chutney

384/2,7

xxx

Vegetable Patties  
with Rosemary Potatoes

and Yoghurt Dip



632/4,5



**FRIDAY**

Clear Vegetable Soup  
with Noodles

xxx

Turkey "Schnitzel"  
with Rice &

Peas (ELC)



459/4,5

xxx

Grilled Dory Fillet  
with Bulgur  
and Saffron Sauce

491/3,5

xxx

Cheese Canneloni  
with Parsley Sauce



525/5



Our trained member of staff, Unit Manager  
Anrew Warren and his deputy Andi Wolf  
will be happy to inform you about allergens  
in our ingredients and products.

If you have any questions, please  
feel free to contact us under  
phone 0676-884 882 24 or mail  
andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian



## MENU PLAN

vienna international school

27.1-31.1

## SOUP

## MONDAY

Clear Soup  
with Alphabet Noodles

xxx

## MAIN DISH 1

Spaghetti Bolognese  
with Parmesan  
and Carrots (ELC)

Kcal/BU



438/4,5

xxx

## MAIN DISH 2

Strips of Turkey  
with Rice, Mushrooms  
& Tomatoes

Kcal/BU

380/3

xxx

VEGETARIAN  
ALTERNATIVE

Filled Hash Browns  
with Cottage Cheese

Kcal/BU



&amp; Salad

364/2

## TUESDAY

Cream of  
Cauliflower Soup

xxx

Chicken Picatta  
with Rice, Zucchini  
& Leek Sauce (ELC)



465/3

xxx

Thai Green Curry  
with Beef  
& Egg Noodles



393/2,5

xxx

Deep Fried Zucchini  
with Steamed Potatoes



315/3

## WEDNESDAY

Clear Soup  
with Sliced Vegetables

xxx

Pizza Napolitana  
with Mozzarella  
(ELC)



459/4,5

xxx

Thai Pumpkin Curry  
with Jasmin Rice

438/3,5

xxx

Mexican Bean Wrap  
with Avocado Dip



321/3

## THURSDAY

Cream of  
Tomato Soup

xxx

"Schinkenfleckerl"  
Pasta and Turkey Ham  
with Cucumber Salad



530/5

xxx

Fillet of Chicken  
on Mediterranean Veg.  
(Tomatoes, Olives & Capers)

478/4

xxx

Carrot & Leek Soufflé  
with Fresh Basil



and Crispy Salad

578/5

## FRIDAY

Clear Soup  
with Profiteroles

xxx

Chicken Nuggets  
with Rice  
and Peas (ELC)



459/4,5

xxx

Tilapia Fish Fillet  
with Pepper Crust  
and Potato

456/4

xxx

Spinach & Feta Strudel  
with Yoghurt Sauce



321/3



Our trained member of staff, Unit Manager  
Anrew Warren and his deputy Andi Wolf  
will be happy to inform you about allergens  
in our ingredients and products.

If you have any questions, please  
feel free to contact us under  
phone 0676-884 882 24 or mail  
andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian