

YUMMY 😊

# MENU PLAN

vienna international school

12.11-16.11

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SOUP**

Clear Soup  
Rice & Peas

Clear Soup  
with Vegetables

Clear Soup  
with Tarhonya

Clear Soup  
with Profiteroles

Clear Soup  
with Noodles

xxx

xxx

xxx

xxx

xxx

**MAIN DISH 1**

Penne Carbonara  
with Turkey Ham  
& Green Beans (ELC)

Chicken Picatta  
with Rice, Zucchini  
and Leek Sauce (ELC)

Spaghetti Pomodoro  
with Parmesan  
and Broccoli (ELC)


Beef Polpetti  
with Mashed Potato  
and Carrots (ELC)

Chicken Schnitzel  
with Potatoes  
and Peas (ELC)

Kcal/BU

 403/3  
xxx

 465/3  
xxx

 437/3  
xxx

 420/2  
xxx

 390/3  
xxx

**MAIN DISH 2**

Grilled Turkey Steak  
with Mushrooms  
and Rice

Sweet & Sour Beef,  
Bean Sprouts  
& Egg Noodles

Potato Sautée, Leek  
Cottage Cheese  
& Cabbage Salad


Paprika Chicken Leg  
with Rice

Cheese & Turkey Ham  
Wraps  
with Salad

Kcal/BU

368/4  
xxx

 408/3  
xxx

 451/4  
xxx

408/3  
xxx

 450/5   
xxx

**VEGETARIAN ALTERNATIVE**

Vegetarian Spring Roll  
with Spicy Wok Veggies



Sautéed Bread Dumplings  
with Egg  
and Green Salad



Gratinated Cauliflower  
with Cheese  
and Salad

Fried Cheese Patties  
with Cabbage Salad



Italian Pasta Bake  
with Tomato Sauce  
and Salad



Kcal/BU

 326/2,5 

 420/4 

 320/1

 549/3 

 439/4 

Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail [andrew.warren@eurest.at](mailto:andrew.warren@eurest.at)



Contains Wheat



Contains Cow's Milk



Vegetarian