

yummy ☺

MENU PLAN

vienna international school

8.10-12.10
SOUP

MONDAY

Beef Soup
with Profiteroles

xxx

MAIN DISH 1

Gratinated Noodles
with Tomato Sauce
& Sweetcorn (ELC)

Kcal/BU



420/2

xxx

MAIN DISH 2

Grilled Redfish Fillet
with Marinated Antipasti
and Rosemary Polenta

Kcal/BU

487/4

xxx

VEGETARIAN ALTERNATIVE

Greek Vegetable Hot Pot
with Feta, Olives

and wholemaeal Bread

Kcal/BU



219/2,5



TUESDAY

Clear Vegetable Soup
Pancake Strips

xxx

Beef Burrito
with Tomato Sauce
& Veggies (ELC)



403/3

xxx

Turkey Goulash
with a Bread Roll

& Sour Cream



368/4

xxx



Carrot & Leek Soufflé
with Fresh Basil

and Crispy Salad



578/5

WEDNESDAY

Classic Beef Soup
with Semolina Dumplings

xxx

Maccheroni
with Veggie Bolognese
and Green Beans (ELC)



459/4

xxx

Sautéed Beans
with Leek Ragout
and Mie Noodles

393/1,6

xxx

Vegetable Patties
with Rosemary Potatoes

and Yoghurt Dip



632/4,5



THURSDAY

Clear Vegetable Soup
with Watercress Drops

xxx

Braised Lemon Chicken
with Potatoes
and Broccoli (ELC)



420/4

xxx

Grilled Chicken Fillet
"Provencale"

with Potato Medallions

368/4

xxx

Tasty Potato Dumplings
with Peperonata,

Grana & Salad



228/3,5

FRIDAY

Beef Soup
with Baked Peas

xxx

Chicken Schnitzel
with Rice
and Peas (ELC)



390/3

xxx

Gratinated Moussaka
with Mediterranean Pesto
and Salad

524/5

xxx

Yellow Lentil Curry
with Coconut Rice



326/2,5

Our trained member of staff, Unit Manager
Anrew Warren and his deputy Andi Wolf
will be happy to inform you about allergens
in our ingredients and products.

If you have any questions, please
feel free to contact us under
phone 0676-884 882 24 or mail
andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian