

yummy 😊

MENU PLAN

vienna international school

1.10-5.10
SOUP

MONDAY

Clear Soup
with Baked Peas

xxx

MAIN DISH 1

Spaghetti Bolognese
with Parmesan
& Carrots (ELC)

Kcal/BU



411/5

xxx

MAIN DISH 2

Marinated Beef Strips
with Asia Vegetable

and Tortillas

Kcal/BU



401/3,5

xxx

VEGETARIAN
ALTERNATIVE

Spinach & Feta Strudel
with Yoghurt Sauce

Kcal/BU



329/2,4



321/3



TUESDAY

Clear Soup
with Noodles

xxx

Beef Polpetti
with Mashed Potato
and Broccoli (ELC)



420/2

xxx

Chicken Wings
with Rice

& Vegetable

478/4,1

xxx

Marrocan Cous-Cous
with Parmesan



321/3



WEDNESDAY

Clear Soup
with Rice

xxx

Maccheroni Cheese
with Parmesan
& Green Beans (ELC)



403/3

xxx

Baked Potato
with Ratatouille

and Sour Cream



432/3

xxx

Fried Vegetable Nuggets
with Salad & Dip



438/3



550/4



438/3,5

THURSDAY

Clear Soup
with Profiteroles

xxx

"Schinkenfleckerl"
Fresh Pasta & Turkey Ham
with Broccoli



530/5

xxx

Chicken Tikka Masala
with Pilaw Rice

and Pita Bread



351/3

xxx

Gnocchi
with Tomato-Basil Sauce



550/4



438/3,5

FRIDAY

Clear Soup
with Vegetables

xxx

Fish Fingers
with Rice
and Peas (ELC)



400/3

xxx

Beef Tortelloni
in Paprika Cream

with Salad

351/2

xxx

Broccoli "Gratin"
with Mozzarella
and Basil Dip



438/3,5

Our trained member of staff, Unit Manager Anrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest.at



Contains Wheat



Contains Cow's Milk



Vegetarian