

MENU PLAN

vienna international school

26.11-30.11

MONDAY

Clear Beef Soup

XXX

MAIN DISH 1

Spaghetti Bolognaise with Parmesan

Kcal/BU

MAIN DISH 2

Kcal/BU

VEGETARIAN ALTERNATIVE

Kcal/BU

with Noodles

and Sweetcorn (ELC)

465/3

Grilled Bass Fillet

with Bulgur and Saffron Sauce

491/5

XXX

Sautéed Cottage Cheese "Tortelloni"

with Tomato Sauce

356/3,5

TUESDAY

Clear Vegetable Soup with Baked Peas

XXX

BBQ Chicken Fillet with Risi Bisi

(ELC)

539/4

XXX

Turkey Goulash with a Bread Roll & Sour Cream

368/4

XXX

Vegetarian Spring Roll with Spicy Wok Veggies

326/2,5

WEDNESDAY

Clear Beef Soup with Pasta Stars

XXX

Penne Noodles with Veggie Sauce and Broccoli (ELC)

437/3

XXX

Thai Vegetable Curry with Beansprouts and Jasmin Rice 655/3.5

XXX

Tasty Spinach and Ricotta Gnocchi

with Carrot Salad



459/4

THURSDAY

Rice Soup with Tomatoes

XXX

Grilled Turkey Escalope in Mushroom Sauce with Rice (ELC)

735/3

XXX

Boiled Beef with Creamy Spinach and Hash Brown Potatoes

380/3,5

XXX

Vegetables Strudel with Sour Cream

and Salad

FRIDAY

Clear Vegetable Soup with Pea Cakes

XXX

Chicken "Schnitzel" with Potatoes and Carrots (ELC)



490/3

XXX

Chili con Carne Tacos

326/2

XXX

Vegetarian Potato Goulash

with a Bread Roll



501/3



Our trained member of staff, Unit Manager Andrew Warren and his deputy Andi Wolf will be happy to inform you about allergens in our ingredients and products.

If you have any questions, please feel free to contact us under phone 0676-884 882 24 or mail andrew.warren@eurest at





Contains Wheat Contains Cow's Milk



Vegetarian

